

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****Girls 100 Meter Dash**

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Meet Record: * 12.10 2005 Jenessa Filler, Tri-Valley
 Meet Record: * 12.10 2010 Alyssa Frantz, Dell Rapids
 12.90 HH

Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1 Gebhart, Cassidy	12	Elkton-Lake Benton	12.50	12.32QHH	1
2 VanDeBerg, Mara	9	Garretson	12.70	12.96Q	3
2 Stephens, Dabrisha	9	Elkton-Lake Benton	12.70	12.96Q	2
4 Landsman, Alissa	12	Elkton-Lake Benton	13.20	13.01q	1
5 Duff, Michaela	10	Madison	13.00	13.18q	2
6 Blom, Laura	12	Madison	13.00	13.21q	3
7 Schrank, Morgan	9	Sioux Falls	13.60	13.26q	3
8 Siemonsma, Kelli	12	Dell Rapids	13.20	13.53q	1
9 VanGorp, Brooke	11	Sioux Falls	14.20	13.72	3
10 Herold, Tayler	10	Madison	13.20	13.82	2
11 Zomermaand, Megan	9	Sioux Falls	14.00	13.93	1
12 Schumacher, Kiah	8	Dell Rapids	13.80	13.95	3
13 Orlick, Quinn	10	Flandreau	13.90	14.09	1
14 Haak, Sarah	9	Dell Rapids	13.80	14.29	2
15 Schwab, Michelle	11	Baltic	14.00	14.31	2
16 Sanderson, Amy	10	Flandreau	14.60	14.43	3
17 Mendoza, Rosa	7	Garretson	14.90	14.84	1
18 Price, Brenna	9	Flandreau	15.10	15.15	1
19 Luke, Lara	8	Garretson	14.60	17.68	2

Girls 100 Meter Dash

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Meet Record: * 12.10 2005 Jenessa Filler, Tri-Valley
 Meet Record: * 12.10 2010 Alyssa Frantz, Dell Rapids
 12.90 HH

Name	Year	School	Prelims	Finals	Points
=====					
Finals					
1 Gebhart, Cassidy	12	Elkton-Lake Benton	12.32	12.50 HH	10
2 Stephens, Dabrisha	9	Elkton-Lake Benton	12.96	12.70 HH	8
3 VanDeBerg, Mara	9	Garretson	12.96	12.80 HH	6
4 Duff, Michaela	10	Madison	13.18	13.10	5
5 Blom, Laura	12	Madison	13.21	13.40	4
6 Schrank, Morgan	9	Sioux Falls	13.26	J13.40	3
7 Landsman, Alissa	12	Elkton-Lake Benton	13.01	13.60	2
8 Siemonsma, Kelli	12	Dell Rapids	13.53	13.70	1
Preliminaries					
9 VanGorp, Brooke	11	Sioux Falls	13.72		
10 Herold, Tayler	10	Madison	13.82		
11 Zomermaand, Megan	9	Sioux Falls	13.93		
12 Schumacher, Kiah	8	Dell Rapids	13.95		
13 Orlick, Quinn	10	Flandreau	14.09		
14 Haak, Sarah	9	Dell Rapids	14.29		
15 Schwab, Michelle	11	Baltic	14.31		
16 Sanderson, Amy	10	Flandreau	14.43		
17 Mendoza, Rosa	7	Garretson	14.84		
18 Price, Brenna	9	Flandreau	15.15		
19 Luke, Lara	8	Garretson	17.68		

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****Girls 200 Meter Dash**

Meet Record: * 24.70 2005 Jenessa Filler, Tri-Valley
26.90 HH

Name	Year	School	Seed	Finals	H#	Points
Finals						
1 Gebhart, Cassidy	12	Elkton-Lake Benton	25.40	26.30 HH	3	10
2 VanDeBerg, Mara	9	Garretson	27.20	27.70	3	8
3 Seitz, Kara	11	Madison	28.50	29.40	3	6
4 Greenhoff, Brandy	7	Garretson	28.90	29.50	2	5
5 Herold, Tayler	10	Madison	28.60	29.60	3	4
6 Engbrecht, Mandy	8	Madison	28.70	29.90	3	3
7 Reider, Sami	8	Dell Rapids	28.80	30.00	2	2
8 Zomermaand, Megan	9	Sioux Falls	29.20	30.50	2	1
9 Morris, Lindsay	8	Dell Rapids	29.90	30.70	2	
10 Martens, Kristen	8	Garretson	30.00	30.80	1	
11 Devlin, Rachel	11	Dell Rapids	28.80	31.10	2	
12 Oswald, Sydney	7	Flandreau	32.70	31.60	1	
13 Johnson, McKenzie	10	Elkton-Lake Benton	31.60	31.90	1	
-- Williams, Hannah	8	Flandreau	29.90	NT	2	
-- Velgersdyk, Mirand	10	Sioux Falls	26.10	NT	3	
-- Smidt, Stacy	10	Sioux Falls	25.30	NT	3	
-- Stephens, Dabrisha	9	Elkton-Lake Benton	26.40	NT	3	
-- Orlick, Quinn	10	Flandreau	29.80	NT	2	
-- Moe, Makenzie	9	Baltic	29.00	SCR		

Girls 400 Meter Dash

Meet Record: * 59.50 2000 Maren Hanson, Garretson
1:01.60 HH

Name	Year	School	Seed	Finals	H#	Points
Finals						
1 Finck, Lexi	11	Madison	59.70	59.70 HH	2	10
2 Nipe, Madison	9	Madison	1:01.70	1:02.90	2	8
3 Relf, Baylee	9	Flandreau	1:05.20	1:05.50	2	6
4 Bressler, Marissa	8	Elkton-Lake Benton	1:08.00	1:06.80	1	4.50
4 Reider, Sami	8	Dell Rapids	1:06.00	1:06.80	2	4.50
6 Herold, Tayler	10	Madison	1:05.10	1:07.50	2	3
7 Luke, Lara	8	Garretson	1:10.10	1:07.70	1	2
8 Devlin, Rachel	11	Dell Rapids	1:07.00	1:07.90	2	1
9 Mutziger, Madisyn	7	Elkton-Lake Benton	1:07.10	1:08.00	1	
10 Morris, Lindsay	8	Dell Rapids	1:08.00	1:08.80	1	
10 Clark, Kindra	7	Garretson	1:09.90	1:08.80	1	
12 Hegerfeld, Elizabe	9	Elkton-Lake Benton	1:09.55	1:10.70	1	
13 Brende, Jenna	11	Baltic	1:10.00	1:13.70	1	
-- Stern, Kristin	10	Sioux Falls	58.90	NT	2	
-- Velgersdyk, Mirand	10	Sioux Falls	58.50	NT	2	
-- Martens, Kristen	8	Garretson	1:10.70	NT	1	
-- DeWeerd, Megan	9	Sioux Falls	1:03.40	SCR		

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****Girls 800 Meter Run**

Meet Record: * 2:24.40 2000 Maren Hanson, Garretson
2:28.70 HH

Name	Year	School	Seed	Finals	Points
1 Nolz, Erin	12	Garretson	2:24.00	2:27.90 HH	10
2 Vollmer, Allysa	9	Sioux Falls	2:42.00	2:44.90	8
3 Olson, Kiley	10	Sioux Falls	2:40.00	2:45.40	6
4 VanSurksum, Kariss	9	Sioux Falls	2:42.00	2:45.80	5
5 Orlick, Morgan	10	Flandreau	2:48.10	2:46.60	4
6 Brende, Jenna	11	Baltic	2:50.00	2:47.40	3
7 Hodges, Brooklynn	10	Madison	2:39.00	2:48.10	2
8 Bly, Jaden	8	Garretson	2:42.90	2:49.40	1
9 Olson, Lydia	9	Garretson	2:48.30	2:49.60	
10 Miles, Megan	8	Dell Rapids	2:48.00	2:51.30	
11 Spielmann, Cheyenn	10	Dell Rapids	2:55.00	2:51.80	
12 Leighton, Karlie	10	Dell Rapids	2:50.00	2:52.40	
13 Hass, Mariah	10	Madison	2:54.00	3:03.40	
-- Stoltenburg, Autum	7	Elkton-Lake Benton	2:51.00	NT	
-- Jurgens, Rebecca	12	Elkton-Lake Benton	2:34.55	NT	
-- Kampmann, Gabby	10	Elkton-Lake Benton	2:50.00	NT	
-- Schlaikjer, Brittn	12	Dell Rapids	2:30.00	SCR	
-- Hawkes, Emily	9	Madison	2:25.00	SCR	
-- Kinner, Kelsey	10	Elkton-Lake Benton	2:48.00	SCR	

Girls 1600 Meter Run

Meet Record: * 5:21.20 2006 Laura Wolles, Chester
5:34.40 HH

Name	Year	School	Seed	Finals	Points
1 Hawkes, Emily	9	Madison	5:26.00	5:31.50 HH	10
2 Stoltenburg, Heidi	8	Elkton-Lake Benton	5:37.21	5:46.70	8
3 Hodges, Brooklynn	10	Madison	5:57.00	5:59.50	6
4 Snyder, Lexi	10	Dell Rapids	5:57.00	6:00.70	5
5 Allen, Marilyn	8	Flandreau	6:05.80	6:09.70	4
6 Bly, Jaden	8	Garretson	5:54.60	6:19.80	3
7 Tisher, Jessica	9	Dell Rapids	6:28.92	6:22.80	2
8 Dearduff, Meg	9	Dell Rapids	6:38.00	6:52.30	1
9 Lemke, Samantha	9	Elkton-Lake Benton	6:30.00	7:12.80	
10 Kelsch, Siana	7	Elkton-Lake Benton	14:50.00	7:26.20	
-- VanZee, Justine	11	Sioux Falls	5:28.70	NT	
-- Brooks, Audrey	10	Sioux Falls	5:29.00	NT	
-- Nolz, Erin	12	Garretson	5:22.90	NT	
-- Streff, Hailey	7	Madison	5:28.00	NT	
-- Sage, Haley	8	Garretson	5:29.20	NT	

Girls 3200 Meter Run

Meet Record: * 11:47.60 2008 Lindsey Bohl, Garretson
12:17.00 HH

Name	Year	School	Seed	Finals	Points
1 Streff, Hailey	7	Madison	12:13.00	12:39.70	10
2 Sage, Haley	8	Garretson	12:40.00	12:53.20	8
3 Brooks, Audrey	10	Sioux Falls	12:00.30	13:04.10	6

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****....Girls 3200 Meter Run**

4 Kelderman, Laura	12 Sioux Falls	12:54.00	13:05.80	5
5 Snyder, Lexi	10 Dell Rapids	13:55.77	13:30.70	4
6 Bohl, Macey	7 Garretson	13:21.80	13:54.20	3
7 Hass, Rachel	7 Madison	13:10.00	14:14.80	2
8 Tisher, Jessica	9 Dell Rapids	14:20.00	14:16.50	1
9 Allen, Marilyn	8 Flandreau	13:05.50	14:51.90	
10 Skyberg, Clarissa	7 Elkton-Lake Benton	14:40.00	15:58.80	
11 Lemke, Samantha	9 Elkton-Lake Benton	14:20.20	16:13.60	
-- Hawkes, Emily	9 Madison	11:41.00	NT	
-- VanZee, Justine	11 Sioux Falls	12:02.20	NT	
-- Stoltenburg, Heidi	8 Elkton-Lake Benton	12:52.10	NT	
-- Olson, Lydia	9 Garretson	13:41.60	NT	

Girls 100 Meter Hurdles

Meet Record: * 14.50 2010 Laura Blom, Madison
15.90 HH

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Blom, Laura	12	Madison	14.90	15.12QHH	1
2 Hoglund, Morgan	11	Dell Rapids	16.60	16.65Q	2
3 Jorgenson, Preslee	10	Madison	17.00	17.03q	1
4 Storley, Candice	11	Sioux Falls	18.20	17.38q	1
5 Neises, Jessica	11	Madison	16.60	17.63q	2
6 Brands, Kensi	9	Sioux Falls	18.60	18.32q	2
7 Atkins, Ellie	11	Baltic	18.90	18.89q	1
8 Williams, Hannah	8	Flandreau	18.80	19.38q	2
9 DeWeerd, Megan	9	Sioux Falls	19.80	20.30	2
10 Lynn, Lacey	11	Elkton-Lake Benton	19.40	20.53	1
11 Swenson, Jericho	9	Garretson	20.50	20.86	2

Girls 100 Meter Hurdles

Meet Record: * 14.50 2010 Laura Blom, Madison
15.90 HH

Name	Year	School	Prelims	Finals	Points
Finals					
1 Blom, Laura	12	Madison	15.12	15.30 HH	10
2 Hoglund, Morgan	11	Dell Rapids	16.65	16.30	8
3 Jorgenson, Preslee	10	Madison	17.03	16.80	6
4 Neises, Jessica	11	Madison	17.63	17.10	5
5 Storley, Candice	11	Sioux Falls	17.38	17.90	4
6 Brands, Kensi	9	Sioux Falls	18.32	18.20	3
7 Atkins, Ellie	11	Baltic	18.89	18.70	2
8 Williams, Hannah	8	Flandreau	19.38	21.80	1
Preliminaries					
9 DeWeerd, Megan	9	Sioux Falls	20.30		
10 Lynn, Lacey	11	Elkton-Lake Benton	20.53		
11 Swenson, Jericho	9	Garretson	20.86		

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****Girls 300 Meter Hurdles**

Meet Record: * 47.20 2004 Ashley Van Hermert, SF Christian
48.70 HH

Name	Year	School	Seed	Finals	H#	Points
=====						
Finals						
1 Bloom, Danielle	12	Madison	50.00	49.70	2	10
2 Zomermaand, Shelby	8	Sioux Falls	48.10	49.80	2	8
3 Lynn, Lacey	11	Elkton-Lake Benton	52.00	52.00	2	6
4 Neises, Jessica	11	Madison	50.90	54.00	2	5
5 Brands, Kensi	9	Sioux Falls	52.80	54.30	2	4
6 Skluzacek, Morgan	9	Madison	53.00	55.90	2	3
7 Swenson, Jericho	9	Garretson	55.80	57.32	1	2
8 Hoglund, Morgan	11	Dell Rapids	54.00	58.70	2	1
-- Williams, Hannah	8	Flandreau	55.90	NT	1	
-- VanEssen, Natalie	11	Sioux Falls	50.60	NT	2	
-- Carnicle, Michelle	9	Garretson	54.10	NT	1	
-- Ulrich, Hailey	8	Elkton-Lake Benton	1:00.20	SCR		

Girls 4x100 Meter Relay

Meet Record: * 50.70 2004 West Central
White, Puthoff, Lange, Rosenbrook
52.20 HH

School	Seed	Finals	Points
=====			
1 Madison	51.40	51.40 HH	10
1) Blom, Laura 12	2) Duff, Michaela 10		
3) Finck, Lexi 11	4) Stoller, Coley 10		
2 Sioux Falls Christian	50.10	52.50	8
1) Brands, Kensi 9	2) Korn, Sydney 9		
3) Schrank, Morgan 9	4) VanGorp, Brooke 11		
3 Dell Rapids	54.10	53.20	6
1) Eddy, Karen 11	2) Hoff, Corynn 11		
3) Schumacher, Kiah 8	4) Siemonsma, Kelli 12		
4 Elkton-Lake Benton	51.10	53.40	5
1) Johnson, Stephanie 12	2) Lynn, Lacey 11		
3) Landsman, Alissa 12	4) Kampmann, Gabby 10		
5 Baltic	56.00	J53.40	4
1) Hanisch, Mariah 10	2) Roberts, Hunter 11		
3) Schwab, Michelle 11	4) Walter, Allie 10		
6 Garretson	54.60	55.30	3
1) Carnicle, Michelle 9	2) Gloe, Morgan 8		
3) Greenhoff, Brandy 7	4) VanDeBerg, Mara 9		
7 Flandreau	56.60	57.30	2
1) Behrens, Brooklyn 8	2) Orlick, Morgan 10		
3) Relf, Baylee 9	4) Sanderson, Amy 10		

Girls 4x200 Meter Relay

Meet Record: * 1:45.90 2004 West Central
White, Lange, Rosenbrook, Krell
1:50.10 HH

School	Seed	Finals	Points
=====			
1 Sioux Falls Christian	1:44.65	1:46.80 HH	10

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****....Girls 4x200 Meter Relay**

1) Koth, Kara 10	2) Zomermaand, Shelby 8		
3) Stern, Kristin 10	4) Velgersdyk, Miranda 10		
2 Elkton-Lake Benton	1:47.11 1:47.60 HH	8	
1) Landsman, Alissa 12	2) Johnson, Stephanie 12		
3) Jandahl, Sydney 9	4) Stephens, Dabrisha 9		
3 Madison	1:49.10 1:47.70 HH	6	
1) Duff, Michaela 10	2) Stoller, Coley 10		
3) Nipe, Madison 9	4) Finck, Lexi 11		
4 Garretson	1:58.00 1:57.50	5	
1) Luke, Lara 8	2) Greenhoff, Brandy 7		
3) Clark, Kindra 7	4) Gloe, Morgan 8		
5 Baltic	1:57.00 1:58.20	4	
1) Weinzetl, Abby 11	2) Moe, Makenzie 9		
3) Walter, Allie 10	4) Polzin, Madison 7		
6 Flandreau	1:59.70 2:02.20	3	
1) Sanderson, Amy 10	2) Behrens, Erica 9		
3) Relf, Baylee 9	4) Orlick, Morgan 10		
-- Dell Rapids	1:58.00 DQ		
1) Haak, Sarah 9	2) Hoglund, Morgan 11		
3) Miles, Megan 8	4) Devlin, Rachel 11		

Girls 4x400 Meter Relay

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Meet Record: * 4:07.20 1994 Parkston
Harris, Kurtenbach, Wagner, Hauser
4:15.80 HH

School	Seed	Finals	Points
=====	=====	=====	=====
1 Elkton-Lake Benton	4:08.69	4:12.90 HH	10
1) Jandahl, Sydney 9	2) Johnson, Stephanie 12		
3) Stephens, Dabrisha 9	4) Stoltenburg, Heidi 8		
2 Dell Rapids	4:28.00	4:21.30	8
1) Eddy, Karen 11	2) Hoff, Corynn 11		
3) Schlaikjer, Brittney 12	4) Siemonsma, Kelli 12		
3 Garretson	4:21.30	4:28.00	6
1) Bohl, Lindsey 11	2) Carnicle, Teisha 9		
3) Gloe, Morgan 8	4) Nolz, Erin 12		
4 Madison	4:31.00	4:31.60	5
1) Bloom, Danielle 12	2) Herold, Tayler 10		
3) Jorgenson, Preslee 10	4) Neises, Jessica 11		
5 Flandreau	4:32.90	4:34.10	4
1) Behrens, Brooklyn 8	2) Behrens, Erica 9		
3) Orlick, Quinn 10	4) Relf, Baylee 9		
-- Sioux Falls Christian	4:07.61	NT	
1) DeWeerd, Megan 9	2) Koth, Kara 10		
3) Smidt, Stacy 10	4) Stern, Kristin 10		
-- Baltic	4:50.00	NT	

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****Girls 4x800 Meter Relay**

Meet Record: * 9:49.00		2008	Garretson		
		Ellefson, Bohl, Nolz, Halverson			
10:14.10		HH			
School		Seed	Finals		Points
=====					
1 Madison		9:58.00	10:09.50 HH		10
1) Nipe, Madison 9		2) Streff, Hailey 7			
3) Bloom, Danielle 12		4) Hawkes, Emily 9			
2 Garretson		10:29.00	10:19.70		8
1) Sage, Haley 8		2) Carnicle, Teisha 9			
3) Bohl, Lindsey 11		4) Nolz, Erin 12			
3 Dell Rapids		10:27.00	10:23.80		6
1) Schlaikjer, Brittney 12		2) Snyder, Lexi 10			
3) Fiedler, Hannah 8		4) Hoff, Corynn 11			
4 Elkton-Lake Benton		10:03.90	11:00.20		5
1) Jandahl, Sydney 9		2) Jurgens, Rebecca 12			
3) Kinner, Kelsey 10		4) Kampmann, Gabby 10			
5 Sioux Falls Christian		10:09.80	11:00.80		4
1) Brooks, Audrey 10		2) Kelderman, Laura 12			
3) Knuth, Alyssa 12		4) McCarron, Haley 11			

Girls 1600 Sprint Medley

Meet Record: * 4:25.60		1994	Parkston		
			Wagner, Kurtenbach, Hauser, Harris		
4:33.10		HH			
School			Seed	Finals	Points
=====					
1 Sioux Falls Christian			4:24.70	4:23.80*HH	10
1) Koth, Kara 10			2) Stern, Kristin 10		
3) VanZee, Justine 11			4) Velgersdyk, Miranda 10		
2 Madison			4:24.10	4:29.50 HH	8
1) Blom, Laura 12			2) Engbrecht, Mandy 8		
3) Finck, Lexi 11			4) Nipe, Madison 9		
3 Garretson			4:25.50	4:33.20	6
1) Carnicle, Teisha 9			2) Gloe, Morgan 8		
3) Greenhoff, Brandy 7			4) VanDeBerg, Mara 9		
4 Dell Rapids			4:31.00	4:35.00	5
1) Eddy, Karen 11			2) Hoff, Corynn 11		
3) Schlaikjer, Brittney 12			4) Siemonsma, Kelli 12		
5 Elkton-Lake Benton			4:27.90	4:40.00	4
1) Jandahl, Sydney 9			2) Johnson, Stephanie 12		
3) Jurgens, Rebecca 12			4) Landsman, Alissa 12		
6 Baltic			4:35.00	4:45.50	3
1) Moe, Makenzie 9			2) Hanisch, Mariah 10		
3) Polzin, Madison 7			4) Weinzetl, Abby 11		
7 Flandreau			5:02.00	5:09.00	2
1) Behrens, Brooklyn 8			2) Behrens, Erica 9		
3) Sanderson, Amy 10			4) Stenger, Ashley 10		

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****Girls High Jump**

Meet Record: * 5-04.50 2005 Amber Schmidt, West Central
4-11.00 HH

Name	Year	School	Seed	Finals	Points
1 VanderPol, Kiara	11	Sioux Falls	5-03.00	5-01.00 HH	10
2 Atkins, Ellie	11	Baltic	5-01.00	5-00.00 HH	8
3 Hoglund, Morgan	11	Dell Rapids	4-09.00	4-09.00	6
4 Christiansen, Abby	9	Madison	4-11.00	J4-09.00	5
5 Zomermaand, Shelby	8	Sioux Falls	4-11.00	4-07.00	4
6 Schumacher, Kiah	8	Dell Rapids	4-07.00	J4-07.00	3
7 Krogman, Megan	12	Elkton-Lake Benton	4-07.00	J4-07.00	2
8 Skluzacek, Morgan	9	Madison	4-09.00	J4-07.00	1
9 Brooks, Allison	9	Sioux Falls	4-11.00	4-05.00	
10 Williams, Hannah	8	Flandreau	4-06.00	4-03.00	
-- Oswald, Sydney	7	Flandreau	4-03.00	NH	

Girls Pole Vault

Meet Record: * 10-00 2008 Katie Breuer, Madison
8-06.00 HH

Name	Year	School	Seed	Finals	Points
1 Schwebach, Ashley	10	Madison	8-06.00	8-09.00 HH	10
2 Koch, Molly	12	Elkton-Lake Benton	8-06.00	8-06.00 HH	8
3 Brooks, Allison	9	Sioux Falls	9-00.00	J8-06.00 HH	6
4 Hodges, Brooklynn	10	Madison	8-00.00	J8-06.00 HH	5
5 Bloom, Danielle	12	Madison	8-06.00	8-00.00	4
6 Storley, Candice	11	Sioux Falls	7-00.00	7-06.00	3
-- Kampmann, Gabby	10	Elkton-Lake Benton	7-06.00	NH	

Girls Long Jump

Meet Record: * 17-08.75 2002 Janie Sershen, Chester
16-00.00 HH

Name	Year	School	Seed	Finals	Points
1 Gebhart, Cassidy	12	Elkton-Lake Benton	18-02.50	18-03.75*HH	10
2 Koth, Kara	10	Sioux Falls	17-03.75	16-10.00 HH	8
3 Stoller, Coley	10	Madison	16-09.25	16-03.75 HH	6
4 Vietor, Madie	10	Dell Rapids	16-03.25	16-01.00 HH	5
5 Voss, Anessa	9	Sioux Falls	15-09.00	15-03.25	4
6 Bunkers, Nikki	12	Dell Rapids	14-11.75	15-01.00	3
7 Roberts, Hunter	11	Baltic	13-10.00	14-10.50	2
8 VanEssen, Natalie	11	Sioux Falls	16-08.50	14-10.00	1
9 Lynn, Lexi	9	Elkton-Lake Benton	15-05.00	14-07.00	
10 Schwab, Michelle	11	Baltic	13-06.00	14-05.00	
11 Houska, Christine	12	Dell Rapids	15-01.00	14-03.00	
12 Schwebach, Ashley	10	Madison	14-09.00	14-01.00	
13 Seitz, Kara	11	Madison	14-07.00	13-09.50	
14 Hanisch, Mariah	10	Baltic	14-02.00	13-08.50	
15 Christian, Mary	10	Garretson	13-11.00	13-04.00	
16 Kinner, Kelsey	10	Elkton-Lake Benton	14-05.00	13-03.00	
17 Behrens, Erica	9	Flandreau	13-06.00	13-02.00	
18 Lunday, Shanaya	9	Flandreau	12-05.00	12-09.00	
19 Stenger, Ashley	10	Flandreau	12-05.00	12-06.50	

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****....Girls Long Jump**

20 Mendoza, Rosa	7 Garretson	12-11.50	12-02.00
21 Hawkins, Logan	9 Garretson	12-09.00	11-08.50

Girls Triple Jump

Meet Record: * 35-05.75 2002 Janie Sershen, Chester
34-01.00 HH

Name	Year	School	Seed	Finals	Points
1 Stoller, Coley	10	Madison	36-05.00	36-10.50*HH	10
2 Vietor, Madie	10	Dell Rapids	35-06.50	34-04.75 HH	8
3 Voss, Anessa	9	Sioux Falls	34-05.75	31-10.50	6
4 Kinner, Kelsey	10	Elkton-Lake Benton	30-11.00	31-08.50	5
5 Weinzetl, Abby	11	Baltic	31-00.00	31-02.75	4
6 Koch, Molly	12	Elkton-Lake Benton	30-08.00	30-08.00	3
7 Jorgenson, Preslee	10	Madison	30-09.00	30-04.50	2
8 Skluzacek, Morgan	9	Madison	31-00.00	29-06.50	1
9 Behrens, Brooklyn	8	Flandreau	29-08.50	29-03.75	
10 Roberts, Hunter	11	Baltic	30-00.00	29-02.50	
11 Christian, Mary	10	Garretson	28-11.50	28-06.50	
12 Snyder, Lexi	10	Dell Rapids	29-03.25	28-01.25	
13 Kramer, Taylor	10	Dell Rapids	28-02.50	27-09.25	
-- Matthiesen, Koty	12	Garretson	28-11.50	ND	

Girls Shot Put

Meet Record: * 40-03.25 2003 Jessie Mette, Chester
36-09.00 HH

Name	Year	School	Seed	Finals	Points
1 Currey, Ashley	12	Madison	37-01.25	35-08.50	10
2 Wright, Cassidy	11	Dell Rapids	36-10.00	35-04.00	8
3 Edmundson, Haley	10	Garretson	33-11.00	35-03.00	6
4 Walter, Allie	10	Baltic	34-02.00	33-05.50	5
5 Stofferahn, Mikael	8	Dell Rapids	34-10.00	32-02.00	4
6 Selgestad, Jenna	11	Madison	31-00.00	32-00.75	3
7 Siemonsma, Brittne	9	Dell Rapids	35-10.00	32-00.00	2
8 VanDam, Taylor	10	Baltic	30-00.00	30-08.00	1
9 VandenBosch, Roz	9	Madison	33-08.00	30-00.00	
10 Jaacks, Brooke	10	Elkton-Lake Benton	27-00.00	27-10.50	
11 Carmody, Morgan	8	Elkton-Lake Benton	28-00.00	26-02.00	
12 Mulder, Courtney	10	Elkton-Lake Benton	26-00.00	25-06.25	
13 Patterson, Maria	9	Flandreau	24-05.00	24-08.75	
14 Giesler, Katie	8	Garretson	24-10.00	23-01.25	
15 Heitkamp, Peyton	8	Garretson	24-07.00	22-07.75	
-- Hahn, Alyssa	8	Flandreau	24-05.00	SCR	

Girls Discus Throw

Meet Record: * 128-05 1999 Eliza Leloux, Parker
113-07 HH

Name	Year	School	Seed	Finals	Points
1 Wright, Cassidy	11	Dell Rapids	117-09	126-00.00 HH	10
2 Currey, Ashley	12	Madison	131-05	125-01.00 HH	8

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****....Girls Discus Throw**

3 Lynn, Lexi	9 Elkton-Lake Benton	92-00	109-02.00	6
4 Siemonsma, Brittne	9 Dell Rapids	90-05	105-00.00	5
5 Edmundson, Haley	10 Garretson	92-11	103-04.00	4
6 Delzer, Jordin	10 Madison	108-06	99-10.00	3
7 Koch, Molly	12 Elkton-Lake Benton	88-00	90-07.00	2
8 Heeren, Tiffany	11 Madison	92-10	86-11.00	1
9 Walter, Allie	10 Baltic	95-00	83-08.00	
10 McCarron, Haley	11 Sioux Falls	93-00	83-07.00	
11 Stofferahn, Mikael	8 Dell Rapids	101-05	82-01.00	
12 Tiedeman, Anna	8 Elkton-Lake Benton	89-00	79-06.00	
13 VanDam, Taylor	10 Baltic	70-00	76-02.00	
14 Patterson, Maria	9 Flandreau	67-00	73-00.00	
15 Heitkamp, Peyton	8 Garretson	74-00	63-00.00	
-- Giesler, Katie	8 Garretson	85-08	ND	
-- Hahn, Alyssa	8 Flandreau	87-00	SCR	

Boys 100 Meter Dash

Meet Record: * 10.70 2011 D'Artist Williams, Madison
11.20 HH

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Nielsen, Chris	12 Madison	10.60	10.71QHH	2
2 Williams, D'Artist	12 Madison	10.60	10.75QHH	1
3 Barber, Zachery	12 Dell Rapids	10.80	10.76qHH	1
4 Barber, Channing	12 Dell Rapids	10.70	10.87qHH	2
4 Johanson, David	11 Flandreau	10.90	10.87qHH	1
6 Sharp, Brodie	11 Dell Rapids	11.50	11.43q	2
7 Anderson, Tayler	10 Madison	11.20	11.46q	1
8 Sittig, Tom	11 Baltic	11.20	11.47q	1
9 Peterson, Dakota	11 Flandreau	11.00	11.58	2
10 Scofield, Kyle	11 Flandreau	11.70	12.15	2
11 Thorson, Alex	10 Garretson	12.10	12.43	1
12 Nomeland, Jacob	10 Elkton-Lake Benton	11.90	12.65	1
13 Etrheim, Austin	10 Garretson	12.60	12.93	2
14 Boland, TJ	10 Garretson	16.00	14.38	2
15 Landmark, Tanner	9 Elkton-Lake Benton	16.20	16.79	1
-- Korn, Brett	11 Sioux Falls	11.00	NT	2

Boys 100 Meter Dash

Meet Record: * 10.70 2011 D'Artist Williams, Madison
11.20 HH

Name	Year School	Prelims	Finals	Points
Finals				
1 Nielsen, Chris	12 Madison	10.71	10.60*HH	10
2 Williams, D'Artist	12 Madison	10.75	J10.60*HH	8
3 Barber, Channing	12 Dell Rapids	10.87	10.70*HH	6
4 Barber, Zachery	12 Dell Rapids	10.76	10.80 HH	5
5 Johanson, David	11 Flandreau	10.87	11.10 HH	4
6 Anderson, Tayler	10 Madison	11.46	11.40	3
7 Sittig, Tom	11 Baltic	11.47	J11.40	2
8 Sharp, Brodie	11 Dell Rapids	11.43	J11.40	1

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****....Boys 100 Meter Dash**

Preliminaries

9 Peterson, Dakota	11	Flandreau	11.58
10 Scofield, Kyle	11	Flandreau	12.15
11 Thorson, Alex	10	Garretson	12.43
12 Nomeland, Jacob	10	Elkton-Lake Benton	12.65
13 Etrheim, Austin	10	Garretson	12.93
14 Boland, TJ	10	Garretson	14.38
15 Landmark, Tanner	9	Elkton-Lake Benton	16.79
-- Korn, Brett	11	Sioux Falls	NT

Boys 200 Meter Dash

Meet Record: * 21.90 2003 Slade Hinrichs, West Central
23.30 HH

Name	Year	School	Seed	Finals	H#	Points
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Finals

1 Nielsen, Chris	12	Madison	21.30	22.30 HH	3	10
2 Barber, Zachery	12	Dell Rapids	22.20	22.50 HH	3	8
3 Williams, D'Artist	12	Madison	22.10	22.70 HH	3	6
4 Parsley, Joe	12	Flandreau	22.40	23.30 HH	3	5
5 Bergstrom, Ian	9	Dell Rapids	23.50	24.10	2	3.50
5 Johanson, David	11	Flandreau	22.60	24.10	3	3.50
7 Nelson-Long, Andre	12	Madison	24.30	24.30	2	2
8 Nomeland, Jacob	10	Elkton-Lake Benton	24.80	26.60	2	1
9 Johnson, Matt	9	Garretson	26.10	27.60	1	
9 Thorson, Alex	10	Garretson	25.20	27.60	1	
11 Sullivan, Derek	10	Garretson	26.60	30.00	1	
-- DeHaan, Max	11	Sioux Falls	24.00	NT	2	
-- Barber, Channing	12	Dell Rapids	22.10	NT	3	
-- DeWitt, Collin	12	Sioux Falls	23.90	NT	2	
-- Row, Austin	8	Baltic	24.80	NT	2	
-- Korn, Brett	11	Sioux Falls	22.50	NT	3	
-- Parsley, David	11	Flandreau	22.80	NT	3	
-- Sik, Walker	10	Elkton-Lake Benton	25.30	SCR		
-- Mudder, Brady	11	Garretson	25.60	SCR		

Boys 400 Meter Dash

Meet Record: * 49.20 2008 Colin Koth, SF Christian
51.50 HH

Name	Year	School	Seed	Finals	H#	Points
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1 Nielsen, Chris	12	Madison	49.40	49.90 HH	2	10
2 Parsley, Joe	12	Flandreau	51.40	51.90	2	8
3 Brockhouse, Jesse	10	Garretson	55.10	53.60	2	6
4 DeHaan, Max	11	Sioux Falls	54.80	54.60	2	5
5 Reams, Alec	10	Dell Rapids	55.80	54.90	2	4
6 Howe, Thomas	11	Garretson	55.50	56.20	2	3
7 Reams, Adam	9	Dell Rapids	55.70	57.90	2	2
8 Willems, Tyler	10	Garretson	58.90	58.60	1	1
9 Stadem, Nate	10	Baltic	58.00	58.80	1	
10 Dishman, Tyler	10	Dell Rapids	56.20	59.60	1	
11 Williams, Heith	9	Madison	56.00	1:00.10	1	
12 Reu, Brendan	10	Sioux Falls	58.00	1:00.20	1	

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****....Boys 400 Meter Dash**

13 Sutton, Jacob	12 Flandreau	59.70	1:00.80	1
-- Mulder, Richard	11 Elkton-Lake Benton	54.02	NT	2
-- Gehrels, Mitch	12 Madison	54.70	SCR	
-- Sik, Walker	10 Elkton-Lake Benton	56.30	SCR	

Boys 800 Meter Run

Meet Record: * 2:00.70 2000 Tim TerHorst, SF Christian
2:03.60 HH

Name	Year	School	Seed	Finals	Points
1 Aberson, Josiah	11	Baltic	2:05.00	2:07.20	10
2 Fligge, Collin	10	Sioux Falls	2:07.80	2:07.60	8
3 Brockhouse, Jesse	10	Garretson	2:15.00	2:08.40	6
4 Mulder, Richard	11	Elkton-Lake Benton	2:08.00	2:08.80	5
5 Giles, Jacob	10	Madison	2:06.00	2:09.10	4
6 Rowland, Tom	10	Madison	2:13.00	2:14.70	3
7 Sutton, Jared	12	Flandreau	2:11.10	2:16.00	2
8 Fernau, Dallas	9	Madison	2:09.00	2:16.90	1
9 Heim, Tanner	7	Dell Rapids	2:17.50	2:20.20	
10 Stadem, Nate	10	Baltic	2:14.00	2:21.00	
11 Zephier, Jr., Guy	10	Flandreau	2:12.80	2:22.60	
12 Brende, Evan	12	Baltic	2:08.00	2:24.60	
13 Reu, Brendan	10	Sioux Falls	2:14.00	2:32.40	
14 Thompson, Terry	11	Garretson	2:29.00	2:36.70	
15 Weiland, Tony	9	Garretson	2:34.00	2:39.40	
-- Carmody, Braden	11	Elkton-Lake Benton	2:16.10	NT	
-- Schaap, Schane	12	Sioux Falls	2:10.10	NT	
-- Reams, Alec	10	Dell Rapids	2:16.20	NT	
-- Skyberg, Nick	9	Elkton-Lake Benton	2:17.04	NT	

Boys 1600 Meter Run

Meet Record: * 4:32.90 2000 Nick Groen, SF Christian
4:38.80 HH

Name	Year	School	Seed	Finals	Points
1 Streff, Hunter	8	Madison	4:46.00	4:47.40	10
2 Handley, Austin	11	Madison	4:49.00	4:52.60	8
3 Lentsch, Tyler	11	Madison	4:48.00	4:56.40	6
4 Sutton, Jared	12	Flandreau	4:56.80	5:06.10	5
5 Heim, Tanner	7	Dell Rapids	5:17.00	5:06.50	4
6 Skinner, Caden	10	Sioux Falls	5:14.00	5:13.30	3
7 Wynia, Lee	9	Sioux Falls	5:04.00	5:19.90	2
8 Moen, Matt	11	Baltic	5:00.00	5:22.20	1
9 Zephier, Jr., Guy	10	Flandreau	5:04.50	5:22.80	
10 Knuppe, Trent	9	Dell Rapids	5:35.20	5:42.70	
11 Powell, Sam	10	Garretson	5:22.00	5:50.00	
12 Metcalf, Floyd	10	Sioux Falls	5:49.00	5:53.10	
13 Anderson, Harrison	9	Baltic	5:30.00	5:53.70	
14 Thompson, Terry	11	Garretson	5:29.00	5:54.00	
15 DeRuyter, Cole	7	Elkton-Lake Benton	5:51.00	6:11.70	
-- McGreevy, Aspen	9	Baltic	5:30.00	NT	
-- Roemen, Micah	9	Dell Rapids	5:40.20	NT	
-- Sudtelgte, Justin	10	Elkton-Lake Benton	4:57.00	NT	

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****....Boys 1600 Meter Run**

-- Erickson, Dylan 8 Flandreau 5:07.00 SCR

Boys 3200 Meter Run

Meet Record: * 10:14.20 1995 John Ecklein, McCook Central
10:24.40 HH

Name	Year	School	Seed	Finals	Points
1 Streff, Hunter	8	Madison	10:12.00	10:47.70	10
2 Sudtelgte, Justin	10	Elkton-Lake Benton	10:50.09	10:51.20	8
3 Lentsch, Tyler	11	Madison	10:41.00	10:59.20	6
4 Skinner, Caden	10	Sioux Falls	11:14.40	11:15.10	5
5 Handley, Austin	11	Madison	10:53.00	11:22.60	4
6 Baatz, Tyler	10	Baltic	11:00.00	11:24.30	3
7 Liester, Josh	9	Garretson	11:07.00	11:26.42	2
8 Julson, Anthony	8	Flandreau	10:59.00	11:28.50	1
9 Metcalf, Eric	11	Sioux Falls	12:26.00	11:46.70	
10 Johnson, Tait	9	Garretson	11:57.00	12:52.20	
11 DeRuyter, Cole	7	Elkton-Lake Benton	13:21.00	14:37.30	
-- Oveson, Andrew	12	Garretson	11:00.00	NT	
-- Roemen, Micah	9	Dell Rapids	12:50.00	NT	
-- Knuppe, Trent	9	Dell Rapids	12:35.00	NT	
-- Wynia, Lee	9	Sioux Falls	11:21.00	NT	
-- Erickson, Dylan	8	Flandreau	11:15.00	SCR	

Boys 110 Meter Hurdles

Meet Record: * 14.60 1999 Jon Harms, McCook Central
15.80 HH

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Clark, Edward	11	Baltic	16.00	16.44Q	1
2 Milne, Rush	10	Madison	16.60	16.71Q	2
3 Page, Nick	12	Madison	16.90	16.84q	1
4 Koens, Nathan	11	Dell Rapids	17.50	17.15q	1
5 DeHaai, Grant	11	Sioux Falls	17.50	17.28q	1
6 Christiansen, Jace	10	Flandreau	17.00	17.71q	1
6 Lacey, Tate	11	Flandreau	16.90	17.71q	2
8 Warns, Cody	11	Madison	17.10	17.78q	2
9 Nelson, Michael	10	Flandreau	17.40	18.20	2
10 Buwalda, Lane	11	Sioux Falls	18.00	18.32	2
11 Jurgensen, Riley	9	Dell Rapids	19.60	19.75	1
12 Johnson, Matt	9	Sioux Falls	18.97	20.28	2

Boys 110 Meter Hurdles

Meet Record: * 14.60 1999 Jon Harms, McCook Central
15.80 HH

Name	Year	School	Prelims	Finals	Points
Finals					
1 Clark, Edward	11	Baltic	16.44	16.20	10
2 Milne, Rush	10	Madison	16.71	16.50	8
3 DeHaai, Grant	11	Sioux Falls	17.28	16.60	6

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****....Boys 110 Meter Hurdles**

4 Warns, Cody	11 Madison	17.78	17.20	5
5 Koens, Nathan	11 Dell Rapids	17.15	17.40	4
6 Lacey, Tate	11 Flandreau	17.71	17.80	3
7 Christiansen, Jace	10 Flandreau	17.71	18.20	2
-- Page, Nick	12 Madison	16.84	DQ	

Preliminaries

9 Nelson, Michael	10 Flandreau	18.20		
10 Buwalda, Lane	11 Sioux Falls	18.32		
11 Jurgensen, Riley	9 Dell Rapids	19.75		
12 Johnson, Matt	9 Sioux Falls	20.28		

Boys 300 Meter Hurdles

Meet Record: * 40.00 2008 Matt Dunbar, Dell Rapids
42.20 HH

Name	Year	School	Seed	Finals	H#	Points
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Finals

1 Waldner, Brendon	11 Madison	40.90	42.50	2	10
2 Clark, Edward	11 Baltic	43.00	44.10	2	8
3 Milne, Rush	10 Madison	43.20	44.30	2	6
4 Duerr, Matt	11 Garretson	45.10	45.10	2	5
5 Koens, Nathan	11 Dell Rapids	45.70	45.80	2	4
6 Warns, Cody	11 Madison	44.80	45.90	2	3
7 Lacey, Tate	11 Flandreau	46.30	46.50	2	2
8 Johnson, Casey	10 Flandreau	46.90	47.60	1	1
9 Nomeland, Jacob	10 Elkton-Lake Benton	47.90	47.90	1	
10 DeHaai, Grant	11 Sioux Falls	44.60	48.30	2	
11 Jurgensen, Riley	9 Dell Rapids	49.50	49.20	1	
12 Johnson, Matt	9 Sioux Falls	48.84	49.80	1	
13 Buwalda, Lane	11 Sioux Falls	48.00	49.90	1	
14 Nelson, Michael	10 Flandreau	47.00	50.00	1	
-- Weber, Nick	10 Baltic	46.40	NT	1	

Boys 4x100 Meter Relay

Meet Record: * 43.90 2011 Madison
D Williams, M Solis, R Milne, C Nielsen
45.70 HH

School	Seed	Finals	Points
1 Dell Rapids	43.20	43.20*HH	10
1) Barber, Channing 12	2) Barber, Zachery 12		
3) Munk, Tanner 12	4) Sharp, Brodie 11		
2 Madison	43.20	43.40*HH	8
1) Anderson, Tayler 10	2) Milne, Rush 10		
3) Waldner, Brendon 11	4) Williams, D'Artist 12		
3 Flandreau	44.40	J43.40*HH	6
1) Johanson, David 11	2) Patterson, Jacob 11		
3) Parsley, David 11	4) Parsley, Joe 12		
4 Garretson	45.50	45.30 HH	5
1) Blosmo, Conner 10	2) Bonte, Cody 11		
3) Matthiesen, Austin 10	4) Steckler, Dustin 12		
5 Sioux Falls Christian	44.70	J45.30 HH	4
1) Blankespoor, Elliot 12	2) DeHaan, Max 11		

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****....Boys 4x100 Meter Relay**

3) VanEssen, Isaac 11	4) Vliem, Carter 11			
6 Baltic	45.20	46.00	3	
1) Brende, Ethan 12	2) Harwig, Cody 12			
3) Row, Austin 8	4) Thompson, Matt 12			
7 Elkton-Lake Benton	47.30	48.50	2	
1) Farnham, Trevan 10	2) Nomeland, Jacob 10			
3) Trautman, Alex 9	4) VanDyke, Jake 11			

Boys 4x200 Meter Relay

Meet Record: * 1:30.70 2010 Madison
Langner, Tweet, Nielsen, Manthey

Meet Record: * 1:30.70 2009 Dell Rapids
Dunbar, Curry, Huska, Tibke

1:33.60 HH

School	Seed	Finals	Points
1 Madison	1:30.80	1:30.70*HH	10
1) Williams, D'Artist 12	2) Anderson, Tayler 10		
3) Milne, Rush 10	4) Nielsen, Chris 12		
2 Dell Rapids	1:30.90	1:31.10 HH	8
1) Schroeder, Zach 10	2) Munk, Tanner 12		
3) Hansen, Weston 12	4) Barber, Channing 12		
3 Flandreau	1:31.20	1:31.50 HH	6
1) Johanson, David 11	2) Patterson, Jacob 11		
3) Parsley, Joe 12	4) Parsley, David 11		
4 Baltic	1:34.50	1:36.20	5
1) Harwig, Cody 12	2) Brende, Ethan 12		
3) Thompson, Matt 12	4) Sittig, Tom 11		
5 Garretson	1:36.10	1:37.00	4
1) Bonte, Cody 11	2) Blosmo, Conner 10		
3) Matthiesen, Austin 10	4) Steckler, Dustin 12		
-- Sioux Falls Christian	1:32.70	NT	
1) Metcalf, Floyd 10	2) DeWitt, Collin 12		
3) Dosch, John 10	4) Blankespoor, Elliot 12		
-- Elkton-Lake Benton	1:40.02	SCR	

Boys 4x400 Meter Relay

Meet Record: * 3:19.80 2008 SF Christian
TenNapel, Robinson, Koth, Velgersdyk

3:33.60 HH

School	Seed	Finals	Points
1 Dell Rapids	3:32.60	3:34.40	10
1) Hansen, Weston 12	2) Munk, Tanner 12		
3) Schmidt, Riley 9	4) Schroeder, Zach 10		
2 Garretson	3:37.90	3:40.10	8
1) Bonte, Cody 11	2) Duerr, Matt 11		
3) Howe, Thomas 11	4) Steckler, Dustin 12		
3 Baltic	3:40.00	3:42.00	6
1) Aberson, Josiah 11	2) Brende, Evan 12		
3) Moen, Matt 11	4) Sittig, Tom 11		
4 Elkton-Lake Benton	3:41.01	3:43.00	5
1) Fargen, Quinn 10	2) Farnham, Trevan 10		

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****....Boys 4x400 Meter Relay**

3) Flores, Jose 10	4) VanDyke, Jake 11		
5 Sioux Falls Christian	3:36.60 3:46.20	4	
1) DeHaan, Max 11	2) Fligge, Collin 10		
3) VanEssen, Isaac 11	4) VandeKamp, Jake 10		
6 Madison	3:42.00 3:48.80	3	
1) Fernau, Dallas 9	2) Waldner, Brendon 11		
3) Williams, Heith 9	4) Zingmark, Luke 11		
7 Flandreau	3:46.80 3:51.90	2	
1) Burshiem, Geno 10	2) Parsley, Tim 9		
3) Slattey, Ted 9	4) Sutton, Jared 12		

Boys 4x800 Meter Relay

Meet Record: * 8:13.50 2006 Madison
Jaspers, Haiar, Janke, Schrepel
8:34.00 HH

School	Seed	Finals	Points
1 Madison	8:34.00	8:37.90	10
1) Giles, Jacob 10	2) Lentsch, Tyler 11		
3) Streff, Hunter 8	4) Zingmark, Luke 11		
2 Elkton-Lake Benton	8:42.01	8:40.40	8
1) Fargen, Quinn 10	2) Flores, Jose 10		
3) Mulder, Richard 11	4) Sudtelgte, Justin 10		
3 Baltic	8:50.00	8:47.40	6
1) Baatz, Tyler 10	2) Aberson, Josiah 11		
3) Brende, Evan 12	4) Moen, Matt 11		
4 Flandreau	8:50.30	9:19.30	5
1) Burshiem, Geno 10	2) Julson, Anthony 8		
3) Sutton, Jared 12	4) Zephier, Jr., Guy 10		
5 Dell Rapids	9:18.00	9:45.30	4
1) Dishman, Tyler 10	2) Heim, Tanner 7		
3) Reams, Alec 10	4) Reams, Adam 9		
6 Garretson	10:05.00	10:16.40	3
1) Johnson, Tait 9	2) Liester, Josh 9		
3) Powell, Sam 10	4) Weiland, Tony 9		
-- Sioux Falls Christian	8:42.00	DQ	
1) Fligge, Collin 10	2) Schaap, Schane 12		
3) VandeKamp, Jake 10	4) Wynia, Lee 9		

Boys 1600 Sprint Medley

Meet Record: * 3:43.80 1996 Parkston
VanLaecken, Mitchell, Neugebauer, Gillette
3:47.20 HH

School	Seed	Finals	Points
1 Elkton-Lake Benton	3:48.02	3:47.80	10
1) Farnham, Trevan 10	2) Fargen, Quinn 10		
3) Flores, Jose 10	4) Trautman, Alex 9		
2 Dell Rapids	3:58.50	3:48.80	8
1) Bergstrom, Ian 9	2) Lacey, Tad 10		
3) Sharp, Brodie 11	4) Schroeder, Zach 10		
3 Sioux Falls Christian	3:49.90	J3:48.80	6
1) DeWitt, Collin 12	2) VanEssen, Isaac 11		

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****....Boys 1600 Sprint Medley**

3) VandeKamp, Jake 10	4) Vliem, Carter 11		
4 Garretson	3:53.30	3:48.90	5
1) Blossmo, Conner 10	2) Bonte, Cody 11		
3) Oveson, Andrew 12	4) Steckler, Dustin 12		
5 Madison	3:46.00	3:52.30	4
1) Anderson, Tayler 10	2) Streff, Hunter 8		
3) Nelson-Long, Andrew 12	4) Zingmark, Luke 11		
6 Flandreau	3:56.20	4:01.40	3
1) Burshiem, Geno 10	2) Parsley, Tim 9		
3) Patterson, Jacob 11	4) Slattey, Ted 9		
-- Baltic	3:46.60	NT	
1) Anderson, Harrison 9	2) Harwig, Cody 12		
3) McGreevy, Aspen 9	4) Thompson, Matt 12		

Boys High Jump

Meet Record: * 6-06 2007 Jeramy Geditz, Madison					
6-01.00 HH					
Name	Year	School	Seed	Finals	Points
1 White, Zach	10	Dell Rapids	5-10.00	6-00.00	10
2 Slagter, Michael	12	Sioux Falls	6-01.00	J6-00.00	8
3 Kerzman, Spencer	11	Dell Rapids	5-07.00	5-11.00	6
4 Kasuske, Carter	9	Madison	5-09.00	5-09.00	5
5 Duerr, Matt	11	Garretson	5-11.00	J5-09.00	4
6 Weber, Nick	10	Baltic	5-09.00	5-07.00	2.50
6 Dreeszen, Seth	11	Madison	5-09.00	5-07.00	2.50
8 Rolf, Taylor	12	Elkton-Lake Benton	5-08.00	J5-07.00	1
9 Blankespoor, Ellio	12	Sioux Falls	5-07.00	5-05.00	
-- Davelaar, Troy	12	Sioux Falls	5-07.00	NH	
-- Riswold, Alec	10	Dell Rapids	5-07.00	NH	
-- Robson, Hunter	9	Madison	5-00.00	NH	
-- Parsley, Tim	9	Flandreau	5-05.00	NH	

Boys Pole Vault

Meet Record: * 13-06 2007 Tanner Schuurmans, Madison					
11-06.00 HH					
Name	Year	School	Seed	Finals	Points
1 Holbrook, Trevor	11	Madison	11-00.00	11-00.00	10
2 Rolf, Ben	10	Elkton-Lake Benton	10-06.00	10-06.00	8
3 DeHaa, Gavin	9	Sioux Falls	10-00.00	10-00.00	6
4 Davelaar, John	10	Sioux Falls	9-00.00	8-06.00	5
5 Herke, Jack	11	Madison	8-00.00	7-06.00	4
-- Hawkes, Caleb	11	Madison	9-00.00	NH	
-- Rolf, Taylor	12	Elkton-Lake Benton	12-02.00	DQ	

Boys Long Jump

Meet Record: * 21-05.50 1998 Brent Schmeichel, West Central					
20-08.00 HH					
Name	Year	School	Seed	Finals	Points
1 Barber, Zachery	12	Dell Rapids	22-00.50	21-04.25 HH	10

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****....Boys Long Jump**

2	Nichols, Brett	10	Dell Rapids	21-07.50	20-08.50	HH	8
3	Vliem, Carter	11	Sioux Falls	20-04.00	20-06.00		6
4	VanEssen, Isaac	11	Sioux Falls	21-01.50	20-03.50		5
5	Koth, Landon	12	Sioux Falls	21-00.00	20-00.50		4
6	Kasuske, Carter	9	Madison	20-07.00	19-10.50		3
7	Duerr, Matt	11	Garretson	19-03.00	19-06.25		2
8	Patterson, Jacob	11	Flandreau	19-09.00	19-01.50		1
9	Kerzman, Spencer	11	Dell Rapids	19-03.00	18-07.25		
10	Burshiem, Geno	10	Flandreau	18-08.50	18-05.00		
11	Weber, Nick	10	Baltic	18-10.00	17-09.00		
12	Pavlis, Alex	10	Flandreau	18-05.50	17-08.50		
13	Rolf, Taylor	12	Elkton-Lake Benton	16-08.00	17-08.00		
14	Breen, Cody	12	Baltic	16-06.00	17-07.00		
15	Johnson, Kyler	10	Baltic	16-06.00	17-05.50		
16	Kirschenman, Andre	10	Elkton-Lake Benton	15-07.00	17-00.00		
17	Hemmer, Mason	9	Madison	16-10.00	16-05.75		
18	Koch, Billy	9	Elkton-Lake Benton	15-02.00	14-11.00		
--	Matthiesen, Austin	10	Garretson	18-07.00		ND	

Boys Triple Jump

Meet Record: *		43-09	2008	Nate TenNapel, SF Christian			
		42-04.00	HH				
Name	Year	School	Seed	Finals	Points		
1 Nichols, Brett	10	Dell Rapids	43-11.50	43-06.75 HH	10		
2 Schrepel, Brandon	11	Madison	42-10.00	43-05.50 HH	8		
3 Koth, Landon	12	Sioux Falls	43-11.75	43-00.50 HH	6		
4 White, Zach	10	Dell Rapids	40-01.00	40-06.00	5		
5 DeWitt, Collin	12	Sioux Falls	40-11.50	40-03.25	4		
6 Parsley, David	11	Flandreau	39-09.50	39-11.25	3		
7 Mudder, Brady	11	Garretson	38-10.00	39-07.50	2		
8 Pavlis, Alex	10	Flandreau	37-11.00	39-01.00	1		
9 Voss, Caleb	12	Sioux Falls	40-06.00	38-08.00			
10 Kasuske, Carter	9	Madison	39-07.00	37-08.50			
11 Elder, Terrance	12	Flandreau	37-04.00	37-02.25			
12 Ljunggren, Tanner	9	Dell Rapids	40-02.50	37-01.00			
13 Breen, Cody	12	Baltic	36-00.00	35-06.50			
14 Johnson, Kyler	10	Baltic	36-00.00	35-04.00			
15 Kirschenman, Andre	10	Elkton-Lake Benton	36-05.00	33-10.00			
16 Robson, Hunter	9	Madison	34-06.00	32-09.50			
17 Rolf, Ben	10	Elkton-Lake Benton	30-04.00	31-02.50			
18 Koch, Billy	9	Elkton-Lake Benton	34-06.00	27-03.00			

Boys Shot Put

Meet Record: *		57-05.50	2002	Adam Wolff, Dell Rapids		
		50-01.00	HH			
Name	Year	School	Seed	Finals	Points	
=====						
1	Anderson, Jon	11	Dell Rapids	44-10.50	46-10.00	10
2	Stoterau, Chad	12	Garretson	44-07.00	46-08.00	8
3	Koch, Bryce	11	Dell Rapids	45-05.00	46-07.00	6
4	Langer, Cole	11	Dell Rapids	57-08.00	45-01.00	5
5	Booth, Brandon	12	Madison	42-09.50	44-03.25	4

Region 3A Track & Field Meet - 5/17/2012**Dell Rapids, SD****Results****....Boys Shot Put**

6 Ziebarth, Carter	11 Flandreau	42-07.00	43-04.00	3
7 Peterson, Dakota	11 Flandreau	40-04.50	42-09.00	2
8 Pfaff, Branden	11 Sioux Falls	40-11.50	41-08.00	1
9 Thompson, Connor	12 Sioux Falls	40-01.00	39-03.00	
10 Currey, Tyler	10 Madison	42-10.00	38-11.00	
11 Elder, Terrance	12 Flandreau	37-08.00	38-04.50	
12 Olson, Aric	12 Madison	38-05.00	37-03.75	
13 Severson, Blake	9 Garretson	35-03.00	32-04.75	
14 Landmark, Tanner	9 Elkton-Lake Benton	32-00.00	28-05.25	

Boys Discus Throw

Meet Record: * 166-05 2002 Adam Wolff, Dell Rapids
151-11 HH

Name	Year School	Seed	Finals	Points
1 Langer, Cole	11 Dell Rapids	159-00	164-06.00 HH	10
2 Currey, Tyler	10 Madison	145-08	147-00.00	8
3 Stoterau, Chad	12 Garretson	142-07	137-06.00	6
4 Olson, Aric	12 Madison	137-11	136-03.00	5
5 Pfaff, Branden	11 Sioux Falls	127-00	124-07.00	4
6 Nebben, Peter	11 Dell Rapids	135-05	122-06.00	3
7 Davelaar, John	10 Sioux Falls	124-00	120-03.00	2
8 VanRosendale, Bran	9 Madison	102-05	118-05.00	1
9 Ziebarth, Carter	11 Flandreau	134-11	112-10.00	
10 Slattery, Ted	9 Flandreau	113-00	107-07.00	
11 Peterson, Dakota	11 Flandreau	116-00	105-09.00	
12 Ackerman, Sam	10 Sioux Falls	110-00	102-09.00	
13 VanDyke, Jake	11 Elkton-Lake Benton	112-02	90-11.00	
14 Severson, Blake	9 Garretson	94-07	86-04.00	
-- Anderson, Jon	11 Dell Rapids	137-00	ND	
-- Landmark, Tanner	9 Elkton-Lake Benton	48-00	ND	

Women - Team Rankings - 19 Events Scored

1) Madison	220	2) Sioux Falls Christian	127
3) Elkton-Lake Benton	116.50	4) Dell Rapids	109.50
5) Garretson	86	6) Baltic	36
7) Flandreau	26		

Men - Team Rankings - 19 Events Scored

1) Madison	218.50	2) Dell Rapids	164.50
3) Sioux Falls Christian	94	4) Garretson	70
5) Flandreau	68.50	6) Baltic	56.50
7) Elkton-Lake Benton	48		