

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Girls 100 Meter Dash**

Meet Record: 12.10 * 2005 Jenessa Filler, Tri-Valley
Meet Record: 12.10 * 5/20/2010 Alyssa Frantz, Dell Rapids
 12.90 HH A Standard

	Name	Yr	School	Seed	Prelims	H#
Preliminaries						
1	VanDeBerg, Mara	8	Garretson	12.90	12.80 Q HH	1
2	Gebhart, Virginia	12	Elkton-Lake Benton	13.22	13.00 Q	3
3	Van Gorp, Brooke	10	Sioux Falls Christian	14.00	13.20 Q	2
3	Borstad, Miranda	12	Garretson	13.40	13.20 Q	2
3	Siemonsma, Kelli	11	Dell Rapids	13.50	13.20 Q	2
6	Mathis, Samantha	10	Dell Rapids	13.46	13.10 q	1
6	Wire, Haley	11	Madison	13.20	13.10 q	3
8	Strom, Jessica	12	Madison	13.10	13.30 q	2
9	Duff, Michaela	9	Madison	13.40	13.60	1
10	Walter, Allie	9	Baltic	13.80	13.90	3
10	Rosheim, Emily	8	Flandreau	13.90	13.90	3
12	Storley, Candice	10	Sioux Falls Christian	14.50	14.00	3
13	Burggraff, Hayley	12	Flandreau	15.00	14.20	1
14	Schwab, Michelle	10	Baltic	14.30	14.50	1
15	Schultz, Briana	12	Flandreau	15.10	14.60	2
16	Hauf, Cierra	10	Dell Rapids	15.00	14.80	1
17	Loe, Kayla	10	Baltic	15.00	14.90	2

Girls 100 Meter Dash

Meet Record: 12.10 * 2005 Jenessa Filler, Tri-Valley
Meet Record: 12.10 * 5/20/2010 Alyssa Frantz, Dell Rapids
 12.90 HH A Standard

	Name	Yr	School	Prelims	Finals	Points
Finals						
1	VanDeBerg, Mara	8	Garretson	12.80	12.90 HH	10
2	Gebhart, Virginia	12	Elkton-Lake Benton	13.00	13.20	8
3	Van Gorp, Brooke	10	Sioux Falls Christian	13.20	13.30	6
4	Wire, Haley	11	Madison	13.10	J13.30	5
5	Siemonsma, Kelli	11	Dell Rapids	13.20	13.40	4
6	Mathis, Samantha	10	Dell Rapids	13.10	J13.40	3
7	Borstad, Miranda	12	Garretson	13.20	13.50	2
8	Strom, Jessica	12	Madison	13.30	J13.50	1

Girls 200 Meter Dash

Meet Record: 24.70 * 2005 Jenessa Filler, Tri-Valley
 26.90 HH A Standard

	Name	Yr	School	Seed	Finals	H#	Points
Finals							
1	Smidt, Stacy	9	Sioux Falls Christian	26.90	28.10	3	10
2	Stephens, Dabrisha	8	Elkton-Lake Benton	27.04	28.2h	3	8
3	Forsch, Morgan	10	Baltic	28.00	29.4h	3	6
4	VanDeBerg, Mara	8	Garretson	27.50	29.4h	3	5
5	Luttmann, Alysse	12	Sioux Falls Christian	27.80	29.8h	3	4
6	Borstad, Miranda	12	Garretson	28.20	30.0h	3	3
7	Siemonsma, Kelli	11	Dell Rapids	29.76	30.3h	2	2

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Finals ... (Girls 200 Meter Dash)**

	Name	Yr	School	Seed	Finals	H#	Points
8	Seitz, Kara	10	Madison	29.30	30.70	2	1
9	Gloe, Morgan	7	Garretson	29.30	30.8h	2	
10	Strom, Jessica	12	Madison	28.60	31.2h	3	
11	Orlick, Quinn	9	Flandreau	29.50	31.7h	2	
12	Neises, Jessica	10	Madison	29.10	32.5h	2	
13	Doyle, Morgan	9	Flandreau	29.80	32.60	2	
14	Mathis, Samantha	10	Dell Rapids	28.70	32.7h	3	
15	Huber, Bobbi	7	Elkton-Lake Benton	30.50	33.0h	2	
16	Krogstad, Miranda	11	Dell Rapids	32.00	33.3h	1	
17	Schwab, Michelle	10	Baltic	33.00	33.6h	1	
18	Sanderson, Amy	9	Flandreau	31.90	34.9h	1	
19	Loe, Kayla	10	Baltic	33.00	35.1h	1	

Girls 400 Meter Dash

Meet Record: **59.50 * 2000 Maren Hanson, Garretson**
1:01.60 HH A Standard

	Name	Yr	School	Seed	Finals	H#	Points
Finals							
1	Velgersdyk, Miranda	9	Sioux Falls Christian	1:00.90	1:01.8h	3	10
2	Finck, Lexi	10	Madison	1:00.00	1:02.0h	3	8
3	Spurgin, Shannon	12	Madison	1:01.00	1:03.8h	3	6
4	Gloe, Morgan	7	Garretson	1:05.90	1:06.5h	3	5
5	Forsch, Morgan	10	Baltic	1:04.00	1:07.0h	3	4
6	Almanza, Korina	8	Elkton-Lake Benton	1:05.45	1:07.1h	3	3
7	Hanisch, Mariah	9	Baltic	1:05.00	1:07.6h	3	2
8	Orlick, Quinn	9	Flandreau	1:05.70	1:08.5h	3	1
9	Hass, Mariah	9	Madison	1:06.80	1:08.8h	2	
10	VanOverbeke, Alex	9	Dell Rapids	1:08.00	1:11.5h	2	
11	Kagey, Hannah	10	Sioux Falls Christian	1:06.00	1:11.8h	2	
12	Braaten, Makayla	10	Garretson	1:09.60	1:12.4h	2	
13	Kinner, Kelsey	9	Elkton-Lake Benton	1:08.00	1:12.5h	2	
14	Behrens, Brooklyn	7	Flandreau	1:08.80	1:13.0h	2	
15	Luke, Lara	7	Garretson	1:10.00	1:13.6h	1	
16	Spielmann, Cheyenne	9	Dell Rapids	1:09.00	1:14.3h	2	
17	Brende, Jenna	10	Baltic	1:12.00	1:14.6h	1	
18	Price, Brenna	8	Flandreau	1:10.70	1:15.2h	1	
19	Eddy, Karen	10	Dell Rapids	1:06.00	1:16.2h	2	
20	Johnson, McKenzie	7	Elkton-Lake Benton	1:12.00	1:21.7h	1	

Girls 800 Meter Run

Meet Record: **2:24.40 * 2000 Maren Hanson, Garretson**
2:28.30 HH A Standard

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Ackerman, Katie	12	Sioux Falls Christian		2:31.9h	10
2	Uthe, Beth	12	Madison		2:32.1h	8
3	Nolz, Erin	11	Garretson		2:35.4h	6
4	Alpers, Erin	9	Sioux Falls Christian		2:37.6h	5
5	Olson, Kiley	9	Sioux Falls Christian		2:39.0h	4
6	Dersch, Chandler	9	Dell Rapids		2:39.3h	3

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Finals ... (Girls 800 Meter Run)**

	Name	Yr	School	Seed	Finals	Points
7	Nipe, Maddie	8	Madison		2:39.6h	2
8	DeRuyter, McKenzie	8	Elkton-Lake Benton		2:42.4h	1
9	Bloom, Danielle	11	Madison		2:43.2h	
10	Jurgens, Rebecca	11	Elkton-Lake Benton		2:44.7h	
11	Ellefson, Shelby	12	Garretson		2:50.6h	
12	Martens, Kristen	7	Garretson		2:53.8h	
13	Brende, Jenna	10	Baltic		3:00.2h	
14	Gildemiester, Greta	11	Baltic		3:08.0h	

Girls 1600 Meter Run

Meet Record: 5:21.20 * 2006 Laura Wolles, Chester
5:34.70 HH A Standard

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Nolz, Erin	11	Garretson		5:40.1h	10
2	Vanzee, Justine	10	Sioux Falls Christian		5:45.2h	8
3	Stoltenburg, Heidi	7	Elkton-Lake Benton		6:03.9h	6
4	Waldner, Sydnie	8	Madison		6:17.1h	5
5	Kampmann, Gabby	9	Elkton-Lake Benton		6:19.3h	4
6	Bly, Jaden	7	Garretson		6:19.6h	3
7	Hodges, Brooklynn	9	Madison		6:21.5h	2
8	Snyder, Lexi	9	Dell Rapids		6:28.9h	1
9	Allen, Marilyn	7	Flandreau		6:33.8h	
10	Knuth, Alyssa	11	Sioux Falls Christian		6:36.6h	
11	Johnson, Danya	12	Baltic		6:46.4h	
12	Schreurs, Shaylea	12	Dell Rapids		6:48.2h	
13	Stenger, Ashley	9	Flandreau		6:51.9h	
14	Gassman, Alissa	10	Flandreau		6:54.2h	
15	Lemke, Samantha	8	Elkton-Lake Benton		6:55.0h	

Girls 3200 Meter Run

Meet Record: 11:47.60 * 2008 Lindsey Bohl, Garretson
12:23.00 HH A Standard

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Hawkes, Emily	8	Madison		12:26.9h	10
2	Vanzee, Justine	10	Sioux Falls Christian		12:39.6h	8
3	Sage, Haley	7	Garretson		13:07.4h	6
4	Kelderman, Laura	11	Sioux Falls Christian		13:41.1h	5
5	Kampmann, Gabby	9	Elkton-Lake Benton		13:45.9h	4
6	Olson, Lydia	8	Garretson		13:51.3h	3
7	Bressler, Marissa	7	Elkton-Lake Benton		14:07.9h	2
8	Allen, Marilyn	7	Flandreau		14:15.9h	1
9	Tillma, Taylor	10	Garretson		14:18.7h	
10	Derschan, Chandler	9	Dell Rapids		14:19.1h	
11	Sudtelgte, Abbi	12	Elkton-Lake Benton		14:21.0h	
12	Johnson, Danya	12	Baltic		15:04.0h	
13	Leebens, Megan	11	Dell Rapids		15:11.2h	
14	Stenger, Ashley	9	Flandreau		15:23.1h	
15	Parsley, Chrissy	10	Madison		15:26.9h	

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Finals ... (Girls 3200 Meter Run)**

Name	Yr	School	Seed	Finals	Points
16 Gassman, Alissa	10	Flandreau		15:35.7h	

Girls 100 Meter Hurdles

Meet Record: 14.50 * 2010 Laura Blom, Madison
15.90 HH A Standard

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Blom, Laura	11	Madison	15.70	16.00 Q	1
2 Jorgenson, Preslee	9	Madison	16.70	16.50 Q	2
3 Vietor, Madie	9	Dell Rapids	16.60	16.80 q	2
4 Hoglund, Morgan	10	Dell Rapids	17.78	16.90 q	2
5 Neises, Jessica	10	Madison	17.30	17.80 q	1
6 Odens, Elizabeth	11	Sioux Falls Christian	19.00	18.30 q	1
7 Storley, Candice	10	Sioux Falls Christian	17.20	18.40 q	1
8 Vanessen, Natalie	10	Sioux Falls Christian	18.50	18.60 q	2
9 Snyder, Lexi	9	Dell Rapids	18.50	19.10	1
10 Williams, Hannah	7	Flandreau	19.40	19.60	2
11 Doyle, Morgan	9	Flandreau	21.60	21.60	1

Girls 100 Meter Hurdles

Meet Record: 14.50 * 2010 Laura Blom, Madison
15.90 HH A Standard

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Blom, Laura	11	Madison	16.00	15.50 HH	10
2 Vietor, Madie	9	Dell Rapids	16.80	16.40	8
3 Hoglund, Morgan	10	Dell Rapids	16.90	16.70	6
4 Odens, Elizabeth	11	Sioux Falls Christian	18.30	17.00	5
5 Storley, Candice	10	Sioux Falls Christian	18.40	J17.00	4
6 Neises, Jessica	10	Madison	17.80	17.40	3
7 Vanessen, Natalie	10	Sioux Falls Christian	18.60	17.90	2
--- Jorgenson, Preslee	9	Madison	16.50	DQ	

Girls 300 Meter Hurdles

Meet Record: 47.20 * 2004 Ashley Van Hermert, SF Christian
48.70 HH A Standard

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Bloom, Danielle	11	Madison	50.60	51.7h	2	10
2 Neises, Jessica	10	Madison	50.60	52.3h	2	8
3 Vanessen, Natalie	10	Sioux Falls Christian	52.20	53.9h	2	6
4 DeRuyter, McKenzie	8	Elkton-Lake Benton	52.60	54.1h	2	5
5 Mudder, Brianna	8	Garretson	53.20	54.2h	2	4
6 Lynn, Lacey	10	Elkton-Lake Benton	53.50	54.8h	2	3
7 Jorgenson, Preslee	9	Madison	51.80	55.0h	2	2
8 Odens, Elizabeth	11	Sioux Falls Christian	54.00	55.7h	1	1
9 Weinzetl, Abby	10	Baltic	54.00	57.2h	2	
10 Williams, Hannah	7	Flandreau	57.30	59.1h	1	
11 Murphy, Victoria	9	Dell Rapids	59.00	1:02.6h	1	

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Girls 4x100 Meter Relay****Meet Record: 50.70 * 2004****West Central****White, Puthoff, Lange, Rosenbrook****52.30 HH A Standard**

Team	Relay	Seed	Finals	Points
Finals				
1 Elkton-Lake Benton		52.30	52.2h HH	10
1) Gebhart, Virginia 12	2) Stephens, Dabrisha 8	3) Landsman, Alissa 11	4) Gebhart, Cassidy 11	
2 Madison		52.40	J52.20 HH	8
1) Blom, Laura 11	2) Strom, Jessica 12	3) Spurgin, Shannon 12	4) Finck, Lexi 10	
3 Sioux Falls Christian		51.60	53.20	6
1) Van Gorp, Brooke 10	2) Luttmann, Alysse 12	3) Koth, Kara 9	4) Reed, Naomi 10	
4 Garretson		54.50	54.6h	5
1) VanDeBerg, Mara 8	2) Borstad, Miranda 12	3) Johnson, Baylee 11	4) Ellefson, Shannan 12	
5 Dell Rapids		54.72	56.0h	4
1) Eddy, Karen 10	2) Mathis, Samantha 10	3) Hoff, Corynn 10	4) Siemonsma, Kelli 11	
6 Baltic		57.50	57.8h	3
1) Walter, Allie 9	2) Atkins, Amelia 11	3) Moe, Shelby 12	4) Roberts, Hunter 10	
7 Flandreau		57.40	57.8h	2
1) Schultz, Briana 12	2) Feske, Cassie 12	3) Burggraaff, Hayley 12	4) Rosheim, Emily 8	

Girls 4x200 Meter Relay**Meet Record: 1:45.90 * 2004****West Central****White, Lange, Rosenbrook, Krell****1:50.30 HH A Standard**

Team	Relay	Seed	Finals	Points
Finals				
1 Elkton-Lake Benton		1:48.20	1:49.60 HH	10
1) Landsman, Alissa 11	2) Stephens, Dabrisha 8	3) Johnson, Stephanie 11	4) Gebhart, Cassidy 11	
2 Madison		1:49.70	1:55.20	8
1) Blom, Laura 11	2) Strom, Jessica 12	3) Nipe, Maddie 8	4) Finck, Lexi 10	
3 Baltic		1:57.00	1:57.00	6
1) Weinzel, Abby 10	2) Hanisch, Mariah 9	3) Moe, Shelby 12	4) Forsch, Morgan 10	
4 Dell Rapids		1:54.90	1:57.30	5
1) Eddy, Karen 10	2) Mathis, Samantha 10	3) Hoff, Corynn 10	4) Siemonsma, Kelli 11	
5 Garretson		1:58.00	2:01.30	4
1) Braaten, Makayla 10	2) Ellefson, Shannan 12	3) Johnson, Baylee 11	4) Gloe, Morgan 7	
6 Flandreau		2:01.40	2:04.80	3
1) Sanderson, Amy 9	2) Doyle, Morgan 9	3) Rosheim, Emily 8	4) Orlick, Quinn 9	

Girls 4x400 Meter Relay**Meet Record: 4:07.20 * 1994****Parkston****Harris, Kurtenbach, Wagner, Hauser****4:15.50 HH A Standard**

Team	Relay	Seed	Finals	Points
Finals				
1 Sioux Falls Christian		4:05.80	4:17.80	10
1) Reed, Naomi 10	2) Velgersdyk, Miranda 9	3) Smidt, Stacy 9	4) Stern, Kristen 9	
2 Madison		4:09.20	4:20.20	8
1) Spurgin, Shannon 12	2) Uthe, Beth 12	3) Nipe, Maddie 8	4) Finck, Lexi 10	
3 Garretson		4:21.40	4:29.00	6
1) Ellefson, Shannan 12	2) Nolz, Erin 11	3) Ellefson, Shelby 12	4) Carnicle, Teisha 8	

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Finals ... (Girls 4x400 Meter Relay)**

Team	Relay	Seed	Finals	Points
4 Dell Rapids		4:20.00	4:34.10	5
1) Houska, Christine 11	2) Fiedler, Haley 11	3) Schlaikjer, Brittney 11	4) Schnieders, Krista 12	
5 Baltic		4:27.00	4:41.50	4
1) Weinzetl, Abby 10	2) Johnson, Danya 12	3) Moe, Shelby 12	4) Forsch, Morgan 10	
6 Elkton-Lake Benton		4:06.50	4:44.80	3
1) Kampmann, Gabby 9	2) Stoltenburg, Heidi 7	3) Kinner, Kelsey 9	4) Almanza, Korina 8	
7 Flandreau		4:52.40	4:50.20	2
1) Behrens, Brooklyn 7	2) Orlick, Morgan 9	3) Behrens, Erica 8	4) Orlick, Quinn 9	

Girls 4x800 Meter Relay**Meet Record: 9:49.00 * 2008****Garretson
Ellefson, Bohl, Nolz, Halverson****10:14.10 HH A Standard**

Team	Relay	Seed	Finals	Points
Finals				
1 Madison		10:13.60	10:28.80	10
1) Uthe, Beth 12	2) Hawkes, Emily 8	3) Bloom, Danielle 11	4) Nipe, Maddie 8	
2 Elkton-Lake Benton		10:25.33	10:38.40	8
1) Johnson, Stephanie 11	2) Jurgens, Rebecca 11	3) Stoltenburg, Heidi 7	4) Jandahl, Sydney 8	
3 Garretson		10:09.80	10:49.70	6
1) Bohl, Lindsey 10	2) Sage, Haley 7	3) Ellefson, Shelby 12	4) Carnicle, Teisha 8	
4 Dell Rapids		10:05.00	11:27.90	5
1) Hoff, Corynn 10	2) Leighton, Karlie 9	3) Spielmann, Cheyenne 9	4) Snyder, Lexi 9	
5 Flandreau		11:05.70	12:05.70	4
1) Allen, Marilyn 7	2) Behrens, Erica 8	3) Behrens, Brooklyn 7	4) Orlick, Morgan 9	

Girls 1600 Sprint Medley**Meet Record: 4:25.60 * 1994****Parkston
Wagner, Kurtenbach, Hauser, Harris****4:33.80 HH A Standard**

Team	Relay	Seed	Finals	Points
Finals				
1 Garretson		4:32.20	4:38.90	10
1) VanDeBerg, Mara 8	2) Borstad, Miranda 12	3) Ellefson, Shannan 12	4) Carnicle, Teisha 8	
2 Elkton-Lake Benton		4:29.20	4:39.10	8
1) Landsman, Alissa 11	2) Johnson, Stephanie 11	3) Gebhart, Cassidy 11	4) Jandahl, Sydney 8	
3 Dell Rapids		4:38.00	4:47.50	6
1) Houska, Christine 11	2) Leighton, Karlie 9	3) Schnieders, Krista 12	4) Schlaikjer, Brittney 11	
4 Madison		4:28.90	5:05.50	5
1) Wire, Haley 11	2) Seitz, Kara 10	3) Fiegen, Holly 11	4) Waldner, Sydnie 8	
5 Flandreau		5:06.00	5:29.50	4
1) Sanderson, Amy 9	2) Doyle, Morgan 9	3) Price, Brenna 8	4) Behrens, Erica 8	

Girls High Jump**Meet Record: 5-04.50 * 2005****Amber Schmidt, West Central****4-11.00 HH A Standard**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Vanderpol, Kiara	10	Sioux Falls Christian	5-01.00	4-10.00	10
2 Feske, Cassie	12	Flandreau	4-11.00	J4-10.00	8
3 Krogman, Megan	11	Elkton-Lake Benton	4-00.50	4-08.00	6
4 Milne, Bailey	11	Madison	4-07.00	4-06.00	5

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Finals ... (Girls High Jump)**

	Name	Yr	School	Seed	Finals	Points
5	Winthers, Shannon	9	Madison	4-06.00	J4-06.00	4
6	Hoglund, Morgan	10	Dell Rapids	4-08.00	J4-06.00	3
7	Snyder, Nicole	12	Dell Rapids	4-04.00	J4-06.00	2
8	Skluzacek, Morgan	8	Madison	4-04.00	J4-06.00	1
9	Atkins, Amelia	11	Baltic	4-05.00	4-04.00	
9	Mitchell, Laine	11	Dell Rapids	4-06.00	4-04.00	
11	Bunde, Taiya	8	Garretson	4-02.00	4-02.00	
---	Williams, Hannah	7	Flandreau	4-00.00	NH	

Girls Pole Vault

Meet Record: 10-00 * 2008 Katie Breuer, Madison
8-06.00 HH A Standard

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Koch, Molly	11	Elkton-Lake Benton	8-00.75	8-06.00 HH	10
2	Winthers, Shannon	9	Madison	7-06.00	8-00.00	7
2	Bloom, Danielle	11	Madison	8-00.00	8-00.00	7
4	Hodges, Brooklynn	9	Madison	7-06.00	7-06.00	5

Girls Long Jump

Meet Record: 17-08.75 * 2002 Janie Sershen, Chester
16-01.00 HH A Standard

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Spurgin, Shannon	12	Madison	16-00.50	16-01.00 HH	10
2	Koth, Kara	9	Sioux Falls Christian	16-04.50	15-11.00	8
3	Gebhart, Virginia	12	Elkton-Lake Benton	15-00.25	15-09.50	6
4	Stoller, Coley	9	Madison	16-05.00	15-07.00	5
5	Vietor, Madie	9	Dell Rapids	15-06.00	J15-07.00	4
6	Matthiesen, Koty	11	Garretson	14-02.00	15-00.50	3
7	Houska, Christine	11	Dell Rapids	15-00.00	14-09.00	2
8	Rosheim, Emily	8	Flandreau	15-00.00	14-06.00	1
9	Feske, Cassie	12	Flandreau	14-07.00	14-05.50	
10	Snyder, Lexi	9	Dell Rapids	14-00.00	14-05.00	
11	Roberts, Hunter	10	Baltic	13-08.00	14-01.50	
12	Burggraff, Hayley	12	Flandreau	13-07.00	13-04.50	
13	Lynn, Lacey	10	Elkton-Lake Benton	14-00.00	13-02.50	
14	Seitz, Kara	10	Madison	14-02.00	13-01.00	
15	Grimsrud, Anna	11	Garretson	12-06.00	12-11.00	
16	Kinner, Kelsey	9	Elkton-Lake Benton	14-00.75	12-09.00	
17	Christian, Mary	9	Garretson	12-10.00	11-11.00	
18	Atkins, Amelia	11	Baltic	13-00.00	11-09.50	

Girls Triple Jump

Meet Record: 35-05.75 * 2002 Janie Sershen, Chester
34-01.00 HH A Standard

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Stoller, Coley	9	Madison	37-04.00	35-04.00 HH	10
2	Vietor, Madie	9	Dell Rapids	34-03.00	33-10.50	8

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Finals ... (Girls Triple Jump)**

	Name	Yr	School	Seed	Finals	Points
3	Gebhart, Virginia	12	Elkton-Lake Benton	33-00.50	31-09.00	6
4	Koth, Kara	9	Sioux Falls Christian	33-00.00	J31-09.00	5
5	Janke, Jessica	12	Madison	31-08.00	30-08.50	4
6	Kinner, Kelsey	9	Elkton-Lake Benton	30-00.00	30-03.75	3
7	Roberts, Hunter	10	Baltic	29-06.00	30-00.50	2
8	Fiegen, Holly	11	Madison	29-00.00	29-05.00	1
9	Sprecher, Alexis	9	Dell Rapids	28-00.00	27-03.00	
10	Atkins, Amelia	11	Baltic	26-00.00	25-10.50	
11	Kramer, Taylor	9	Dell Rapids	28-00.00	25-03.50	
---	Matthiesen, Koty	11	Garretson	29-08.00	ND	
---	Lunday, Shanaya	8	Flandreau	24-07.00	ND	

Girls Shot Put

Meet Record: 40-03.25 * 2003 Jessie Mette, Chester

36-07.00 HH A Standard

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Whipple, Marissa	12	Baltic	39-00.00	38-03.00 HH	10
2	Wright, Cassidy	10	Dell Rapids	35-04.25	34-10.50	8
3	Edmundson, Haley	9	Garretson	35-04.00	34-02.00	6
4	Currey, Ashley	11	Madison	35-01.00	33-08.00	5
5	Siemonsma, Brittney	8	Dell Rapids	30-00.00	32-04.50	4
6	Walter, Allie	9	Baltic	30-00.00	30-02.00	3
7	Heeren, Tiffany	10	Madison	28-10.00	29-02.50	2
8	Whipple, Molly	12	Baltic	30-01.00	28-08.50	1
9	Nagelhout, Maria	9	Dell Rapids	27-00.00	26-06.00	
10	Wettlaufer, Megan	12	Madison	28-01.00	25-03.00	
11	Nelson, Mariah	9	Garretson	24-09.00	23-05.00	
12	Gibson, Sidney	11	Garretson	23-00.00	22-06.50	
13	Carmody, Morgan	7	Elkton-Lake Benton	25-00.00	21-07.00	
14	Patterson, Maria	8	Flandreau	23-06.50	21-02.50	
15	Mulder, Courtney	9	Elkton-Lake Benton	26-00.00	20-02.00	
15	Hahn, Alyssa	8	Flandreau	24-04.00	20-02.00	

Girls Discus Throw

Meet Record: 128-05 * 1999 Eliza Leloux, Parker

115-07 HH A Standard

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Wright, Cassidy	10	Dell Rapids	123-10	114-00.00	10
2	Currey, Ashley	11	Madison	111-01	112-03.50	8
3	Whipple, Marissa	12	Baltic	131-00	108-06.50	6
4	Whipple, Molly	12	Baltic	105-00	98-10.00	5
5	Lynn, Lexy	8	Elkton-Lake Benton	85-00	88-00.00	4
6	Delzer, Jordin	9	Madison	83-00	84-00.00	3
7	Siemonsma, Brittney	8	Dell Rapids	85-11	83-03.50	2
8	Edmundson, Haley	9	Garretson	92-10	82-05.00	1
9	Koch, Molly	11	Elkton-Lake Benton	94-00	82-00.00	
10	Walter, Allie	9	Baltic	70-00	76-07.50	
11	Nagelhout, Maria	9	Dell Rapids	81-00	72-07.00	

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Finals ... (Girls Discus Throw)**

	Name	Yr	School	Seed	Finals	Points
12	Nelson, Mariah	9	Garretson	78-09	72-06.00	
13	Hodges, Amanda	11	Madison	81-01	69-08.00	
14	Gibson, Sidney	11	Garretson	70-00	68-03.00	
15	Patterson, Maria	8	Flandreau	56-04	63-05.50	
16	Hahn, Alyssa	8	Flandreau	65-07	62-04.50	
---	Mulder, Courtney	9	Elkton-Lake Benton	60-00	ND	

Boys 100 Meter Dash

Meet Record: 10.80 * 1996 Adam Stiefvater, McCook Central

Meet Record: 10.80 * 2003 Slade Hinrichs, West Central

Meet Record: 10.80 * 2007 Andrew Langner, Madison

11.20 HH A Standard

	Name	Yr	School	Seed	Prelims	H#
Preliminaries						
1	Williams, D'Artist	11	Madison	10.70	* 10.70 Q HH	1
2	Johanson, DJ	10	Flandreau	11.00	11.30 Q	3
2	Sittig, Tom	10	Baltic	11.30	11.30 Q	2
4	Sharp, Brodie	10	Dell Rapids	11.50	11.30 q	1
4	Flores, Jose	9	Elkton-Lake Benton	11.38	11.30 q	1
6	Milne, Rush	9	Madison	11.60	11.40 q	3
7	Van Essen, Isaac	10	Sioux Falls Christian	11.90	11.50 q	1
7	Brende, Ethan	11	Baltic	11.90	11.50 q	1
9	Solis, Marcial	11	Madison	11.60	11.60	3
10	Patterson, Jacob	10	Flandreau	11.60	11.70	2
10	Spaans, Nathan	10	Sioux Falls Christian	12.00	11.70	3
12	Foster, Spenser	12	Flandreau	11.70	12.00	2
12	Dosch, John	9	Sioux Falls Christian	12.00	12.00	2
14	Trautman, Alex	8	Elkton-Lake Benton	12.34	12.60	3
15	Farnham, Trevan	9	Elkton-Lake Benton	12.39	12.70	2
16	Etrheim, Austin	9	Garretson	12.80	12.90	1
17	Decker, Derek	9	Garretson	14.40	13.90	2
18	Juhnke, Austin	10	Baltic	13.90	14.00	1
19	Boland, T.J.	9	Garretson	15.40	15.30	3

Boys 100 Meter Dash

Meet Record: 10.80 * 1996 Adam Stiefvater, McCook Central

Meet Record: 10.80 * 2003 Slade Hinrichs, West Central

Meet Record: 10.80 * 2007 Andrew Langner, Madison

11.20 HH A Standard

	Name	Yr	School	Prelims	Finals	Points
Finals						
1	Williams, D'Artist	11	Madison	10.70	10.80 * HH	10
2	Johanson, DJ	10	Flandreau	11.30	11.10 HH	8
3	Sharp, Brodie	10	Dell Rapids	11.30	11.20 HH	6
4	Milne, Rush	9	Madison	11.40	J11.20 HH	5
5	Sittig, Tom	10	Baltic	11.30	11.40	4
6	Flores, Jose	9	Elkton-Lake Benton	11.30	J11.40	3
7	Brende, Ethan	11	Baltic	11.50	11.60	2
8	Van Essen, Isaac	10	Sioux Falls Christian	11.50	11.70	1

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Boys 200 Meter Dash**

Meet Record: 21.90 * 2003 Slade Hinrichs, West Central
 23.30 HH A Standard

	Name	Yr	School	Seed	Finals	H#	Points
Finals							
1	Nielsen, Chris	11	Madison	22.30	23.2h	HH 3	10
2	Korn, Brett	10	Sioux Falls Christian	23.00	23.6h	3	8
3	Williams, D'Artist	11	Madison	22.50	24.4h	3	6
4	Flores, Jose	9	Elkton-Lake Benton	23.88	25.1h	3	5
5	Gibson, Sawyer	11	Garretson	24.20	25.70	2	4
6	Harwig, Cody	11	Baltic	24.00	25.8h	3	3
7	Spaans, Nathan	10	Sioux Falls Christian	24.60	25.80	2	2
8	Foster, Spenser	12	Flandreau	24.40	25.90	2	1
9	Hoadley, Mathew	11	Madison	24.80	26.0h	2	
10	Gassman, Luke	12	Flandreau	24.70	26.3h	2	
11	Nomeland, Jacob	9	Elkton-Lake Benton	24.50	27.1h	2	
11	Thorson, Alex	9	Garretson	25.90	27.1h	1	
13	Etrheim, Austin	9	Garretson	27.20	27.9h	1	

Boys 400 Meter Dash

Meet Record: 49.20 * 2008 Colin Koth, SF Christian
 51.60 HH A Standard

	Name	Yr	School	Seed	Finals	H#	Points
Finals							
1	Nielsen, Chris	11	Madison	50.10	51.2h	HH 2	10
2	Parsley, Joe	11	Flandreau	51.10	52.4h	2	8
3	Devaney, Andrew	12	Sioux Falls Christian	53.10	54.2h	2	6
4	Sittig, Tom	10	Baltic	53.00	54.3h	2	5
5	Namken, Hayden	11	Madison	55.30	56.7h	2	4
6	Schroeder, Zach	9	Dell Rapids	56.40	57.1h	2	3
7	Goth, Matt	10	Madison	57.10	57.8h	1	2
8	Burshiem, Geno	9	Flandreau	56.90	58.8h	1	1
9	Mulder, Richard	10	Elkton-Lake Benton	56.01	59.5h	2	
10	Dishman, Tyler	9	Dell Rapids	56.50	1:00.7h	1	
11	Sutton, Jacob	10	Flandreau	1:00.50	1:03.3h	1	

Boys 800 Meter Run

Meet Record: 2:00.70 * 2000 Tim TerHorst, SF Christian
 2:03.00 HH A Standard

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Aberson, Josiah	10	Baltic		2:15.1h	10
2	VandeKamp, Jake	9	Sioux Falls Christian		2:18.0h	8
3	Brende, Evan	11	Baltic		2:19.2h	6
4	Krogstad, Scott	12	Baltic		2:20.1h	5
5	Gee, Tyler	9	Dell Rapids		2:20.7h	4
6	Skinner, Caden	9	Sioux Falls Christian		2:21.0h	3
7	Lentsch, Tyler	10	Madison		2:22.2h	2
8	Zephier, Jr., Guy	9	Flandreau		2:23.0h	1
9	Rowland, Tom	9	Madison		2:24.8h	
10	Sutton, Jared	10	Flandreau		2:25.0h	

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Finals ... (Boys 800 Meter Run)**

Name	Yr	School	Seed	Finals	Points
11 Reu, Brendan	9	Sioux Falls Christian		2:25.3h	
12 Sutton, Jacob	10	Flandreau		2:29.6h	
13 Carmody, Braden	10	Elkton-Lake Benton		2:36.8h	

Boys 1600 Meter Run

Meet Record: 4:32.90 * 2000 Nick Groen, SF Christian
 4:38.10 HH A Standard

Name	Yr	School	Seed	Finals	Points
Finals					
1 Hitt, Harrison	12	Sioux Falls Christian		4:58.1h	10
2 Handley, Austin	10	Madison		5:03.5h	8
3 Lentsch, Tyler	10	Madison		5:10.8h	6
4 Sutton, Jared	10	Flandreau		5:17.7h	5
5 Zephier, Jr., Guy	9	Flandreau		5:18.1h	4
6 Fligge, Collin	9	Sioux Falls Christian		5:18.4h	3
7 Baatz, Tyler	9	Baltic		5:23.6h	2
8 Schwing, Alex	9	Elkton-Lake Benton		5:26.4h	1
9 Rowland, Tom	9	Madison		5:27.0h	
10 Hitt, Brooks	11	Sioux Falls Christian		5:37.2h	
11 Pavlis, Alex	9	Flandreau		5:58.7h	

Boys 3200 Meter Run

Meet Record: 10:14.20 * 1995 John Ecklein, McCook Central
 10:20.40 HH A Standard

Name	Yr	School	Seed	Finals	Points
Finals					
1 Sullivan, Mason	10	Madison		10:55.9h	10
2 Streff, Hunter	7	Madison		10:56.2h	8
3 Oveson, Andrew	11	Garretson		11:05.6h	6
4 Britton, Josiah	11	Flandreau		11:57.4h	5
5 Sudtelgte, Justin	9	Elkton-Lake Benton		12:07.0h	4
6 Baatz, Tyler	9	Baltic		12:09.7h	3
7 Powell, Sam	9	Garretson		12:18.6h	2
8 Franka, Shane	11	Garretson		13:23.2h	1

Boys 110 Meter Hurdles

Meet Record: 14.60 * 1999 Jon Harms, McCook Central
 15.70 HH A Standard

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Clark, Edward	10	Baltic	15.80	16.30 Q	1
2 Ecklund, Court	12	Sioux Falls Christian	17.75	17.10 Q	2
3 Buwalda, Lane	10	Sioux Falls Christian	18.50	17.90 q	1
4 Warns, Cody	10	Madison	18.30	18.40 q	1
5 Nelson, Michael	9	Flandreau	19.10	18.80 q	1
6 DeHaai, Grant	10	Sioux Falls Christian	18.50	18.90 q	2
7 Lacey, Tate	10	Flandreau	18.80	19.00 q	2
8 Britton, Josiah	11	Flandreau	21.70	22.40 q	1
--- Gunderson, Gage	11	Madison	17.40	DQ	2

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Boys 110 Meter Hurdles**

Meet Record: **14.60** * **1999** **Jon Harms, McCook Central**
15.70 HH A Standard

	Name	Yr	School	Prelims	Finals	Points
Finals						
1	Clark, Edward	10	Baltic	16.30	16.20	10
2	Ecklund, Court	12	Sioux Falls Christian	17.10	16.50	8
3	Buwalda, Lane	10	Sioux Falls Christian	17.90	17.60	6
4	Warns, Cody	10	Madison	18.40	17.70	5
5	Lacey, Tate	10	Flandreau	19.00	18.40	4
6	Nelson, Michael	9	Flandreau	18.80	18.60	3
7	DeHaai, Grant	10	Sioux Falls Christian	18.90	21.50	2
8	Britton, Josiah	11	Flandreau	22.40	22.10	1

Boys 300 Meter Hurdles

Meet Record: **40.00** * **2008** **Matt Dunbar, Dell Rapids**
42.30 HH A Standard

	Name	Yr	School	Seed	Finals	H#	Points
Finals							
1	Furness, Chris	12	Dell Rapids	41.60	43.0h	2	10
2	Ahlers, Carter	12	Flandreau	42.90	43.7h	2	8
3	Ecklund, Court	12	Sioux Falls Christian	43.30	44.9h	2	6
4	McClain, Shaquan	11	Madison	45.50	45.7h	2	5
5	Gunderson, Gage	11	Madison	45.10	45.9h	2	4
6	Warns, Cody	10	Madison	46.10	46.7h	2	3
7	Clark, Edward	10	Baltic	45.50	46.80	2	2
8	Buwalda, Lane	10	Sioux Falls Christian	46.10	48.1h	1	1
9	Lacey, Tate	10	Flandreau	47.80	48.6h	1	
10	DeHaai, Grant	10	Sioux Falls Christian	44.90	48.6h	2	
11	Weber, Nick	9	Baltic	49.00	49.2h	1	
12	Britton, Josiah	11	Flandreau	52.70	52.7h	1	

Boys 4x100 Meter Relay

Meet Record: **44.50** * **1998** **McCook Central**
Karel, VanOrmer, Harms, Stiefvater
45.80 HH A Standard

	Team	Relay	Seed	Finals	Points
Finals					
1	Madison		43.60	43.9h * HH	10
	1) Williams, D'Artist 11	2) Solis, Marcial 11	3) Milne, Rush 9	4) Nielsen, Chris 11	
2	Dell Rapids		43.40	44.0h * HH	8
	1) Sharp, Brodie 10	2) Barber, Zachary 11	3) Furness, Chris 12	4) Barber, Channing 11	
3	Elkton-Lake Benton		48.33	49.8h	6
	1) Delaney, Nick 10	2) VanDyke, Jake 10	3) Nomeland, Jacob 9	4) Trautman, Alex 8	
4	Flandreau		45.10	50.9h	5
	1) Johanson, DJ 10	2) Ahlers, Carter 12	3) Parsley, David 10	4) Parsley, Joe 11	
---	Garretson		48.90	DQ	
	1) Steckler, Dustin 11	2) Thorson, Alex 9	3) Berg, Jacob 11	4) Dickey, Shane 12	
---	Sioux Falls Christian		44.80	DQ	
	1) Brooks, Cameron 12	2) Vliem, Carter 10	3) Devaney, Andrew 12	4) Korn, Brett 10	

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Boys 4x200 Meter Relay****Meet Record: 1:30.70 * 2010****Madison
Langner, Tweet, Nielsen, Manthey
Dell Rapids
Dunbar, Curry, Huska, Tibke****Meet Record: 1:30.70 * 2009****1:34.00 HH A Standard**

Team	Relay	Seed	Finals	Points
Finals				
1 Dell Rapids		1:31.60	1:33.0h HH	10
1) Ljunggren, Dylan 12	2) Barber, Zachary 11	3) Furness, Chris 12	4) Barber, Channing 11	
2 Madison		1:31.60	1:34.2h	8
1) Williams, D'Artist 11	2) Namken, Hayden 11	3) Milne, Rush 9	4) Nielsen, Chris 11	
3 Flandreau		1:33.50	1:36.0h	6
1) Johanson, DJ 10	2) Ahlers, Carter 12	3) Parsley, David 10	4) Parsley, Joe 11	
4 Elkton-Lake Benton		1:41.11	1:40.2h	5
1) Delaney, Nick 10	2) VanDyke, Jake 10	3) Nomeland, Jacob 9	4) Speakman, Marc 12	
5 Garretson		1:38.80	1:41.8h	4
1) Steckler, Dustin 11	2) Mudder, Brady 10	3) Gibson, Sawyer 11	4) Dickey, Shane 12	
6 Baltic		1:36.00	1:43.9h	3
1) Harwig, Cody 11	2) Brende, Ethan 11	3) Thompson, Matt 11	4) Weber, Nick 9	

Boys 4x400 Meter Relay**Meet Record: 3:19.80 * 2008****SF Christian
TenNapel, Robinson, Koth, Velgersdyk****3:33.40 HH A Standard**

Team	Relay	Seed	Finals	Points
Finals				
1 Sioux Falls Christian		3:32.80	3:42.10	10
1) Brooks, Cameron 12	2) Hitt, Harrison 12	3) Ecklund, Court 12	4) Devaney, Andrew 12	
2 Baltic		3:38.00	3:45.00	8
1) Aberson, Josiah 10	2) Clark, Edward 10	3) Brende, Evan 11	4) Sittig, Tom 10	
3 Dell Rapids		3:41.00	3:49.70	6
1) Reams, Alec 9	2) Schroeder, Zach 9	3) Dishman, Tyler 9	4) Lacey, Tad 9	
4 Madison		3:40.00	3:51.00	5
1) Namken, Hayden 11	2) Gunderson, Gage 11	3) Goth, Matt 10	4) Waldner, Brendon 10	
5 Elkton-Lake Benton		3:54.00	3:51.40	4
1) Speakman, Marc 12	2) VanDyke, Jake 10	3) Flores, Jose 9	4) Mulder, Richard 10	
6 Flandreau		3:45.30	3:53.00	3
1) Burshiem, Geno 9	2) Zephier, Jr., Guy 9	3) Sutton, Jared 10	4) Behrens, Nic 11	
7 Garretson		3:56.00	3:55.20	2
1) Mudder, Brady 10	2) Steckler, Dustin 11	3) Thorson, Alex 9	4) Brockhouse, Jesse 9	

Boys 4x800 Meter Relay**Meet Record: 8:13.50 * 2006****Madison
Jaspers, Haiar, Janke, Schrepel****8:33.70 HH A Standard**

Team	Relay	Seed	Finals	Points
Finals				
1 Flandreau		8:50.10	8:49.80	10
1) Zephier, Jr., Guy 9	2) Sutton, Jared 10	3) Burshiem, Geno 9	4) Behrens, Nic 11	
2 Baltic		8:45.00	8:50.70	8
1) Brende, Evan 11	2) Krogstad, Scott 12	3) Pamanes, Carlos 10	4) Aberson, Josiah 10	

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Finals ... (Boys 4x800 Meter Relay)**

Team	Relay	Seed	Finals	Points
3 Madison		8:42.00	8:54.16	6
1) Sullivan, Mason 10	2) Giles, Jacob 9	3) Streff, Hunter 7	4) Lentsch, Tyler 10	
4 Sioux Falls Christian		8:59.90	9:03.87	5
1) Hitt, Brooks 11	2) VandeKamp, Jake 9	3) Fligge, Collin 9	4) Hitt, Harrison 12	
5 Garretson		9:02.00	9:04.52	4
1) Oveson, Andrew 11	2) Gibson, Sawyer 11	3) Mudder, Brady 10	4) Brockhouse, Jesse 9	
6 Elkton-Lake Benton		9:09.01	9:27.95	3
1) Fargen, Quinn 9	2) Schwing, Alex 9	3) Mulder, Richard 10	4) Speakman, Marc 12	
7 Dell Rapids		9:08.00	9:35.77	2
1) Reams, Alec 9	2) Dishman, Tyler 9	3) Gee, Tyler 9	4) Revelo, Jefferson 12	

Boys 1600 Sprint Medley**Meet Record: 3:43.80 * 1996****Parkston****VanLaecken, Mitchell, Neugebauer, Gillette****3:48.10 HH A Standard**

Team	Relay	Seed	Finals	Points
Finals				
1 Flandreau		3:42.50	3:58.10	10
1) Johanson, DJ 10	2) Parsley, Joe 11	3) Parsley, David 10	4) Behrens, Nic 11	
2 Dell Rapids		3:59.80	3:58.40	8
1) Sharp, Brodie 10	2) Ljunggren, Dylan 12	3) Lebrun, Laine 10	4) Lacey, Tad 9	
3 Garretson		4:00.00	4:02.90	6
1) Steckler, Dustin 11	2) Mudder, Brady 10	3) Gibson, Sawyer 11	4) Brockhouse, Jesse 9	
4 Madison		3:46.90	4:04.40	5
1) Solis, Marcial 11	2) Schubert, Isaac 8	3) Waldner, Brendon 10	4) Giles, Jacob 9	
5 Elkton-Lake Benton		3:57.33	4:09.20	4
1) Speakman, Marc 12	2) Barthel, Jon 12	3) Flores, Jose 9	4) Fargen, Quinn 9	

Boys High Jump**Meet Record: 6-06 * 2007****Jeramy Geditz, Madison****6-01.00 HH A Standard**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Slagter, Mike	11	Sioux Falls Christian	5-10.00	5-06.00	10
2 Namken, Hayden	11	Madison	5-07.00	J5-06.00	8
3 DeWitt, Collin	11	Sioux Falls Christian	5-07.00	J5-06.00	6
4 Riswold, Alec	9	Dell Rapids	5-07.00	J5-06.00	4.50
4 Weber, Nick	9	Baltic	5-05.00	J5-06.00	4.50
6 McGee, Michael	10	Dell Rapids	5-07.00	J5-06.00	3
7 Buwalda, Lane	10	Sioux Falls Christian	5-07.00	J5-06.00	2
8 White, Zach	9	Dell Rapids	5-09.00	5-04.00	1
9 Farnham, Trevan	9	Elkton-Lake Benton	5-03.00	5-02.00	
9 Schrepel, Brandon	10	Madison	5-05.00	5-02.00	
9 Rolf, Taylor	11	Elkton-Lake Benton	5-07.00	5-02.00	
9 Parsley, Tim	8	Flandreau	5-03.00	5-02.00	
--- Veldkamp, Derick	8	Flandreau	5-04.00	NH	
--- Ricke, Jacob	10	Madison	5-02.00	NH	

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Boys Pole Vault****Meet Record: 13-06 * 2007 Tanner Schuurmans, Madison****11-03.00 HH A Standard**

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Rolf, Taylor	11	Elkton-Lake Benton	12-00.00	11-06.00 HH	10
2	Bruna, Devon	12	Madison	11-09.00	J11-06.00 HH	8
3	Zingmark, Zach	10	Madison	11-03.00	11-00.00	6
4	Holbrook, Trevor	10	Madison	9-06.00	9-06.00	5
5	Farnham, Trevan	9	Elkton-Lake Benton	9-06.00	9-00.00	4
6	Rolf, Ben	9	Elkton-Lake Benton	9-06.00	J9-00.00	3

Boys Long Jump**Meet Record: 21-05.50 * 1998 Brent Schmeichel, West Central****20-09.00 HH A Standard**

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Ahlers, Carter	12	Flandreau	21-03.50	20-10.00 HH	10
2	Vliem, Carter	10	Sioux Falls Christian	20-03.00	20-04.00	8
3	Koth, Landon	11	Sioux Falls Christian	20-00.00	20-01.00	6
4	Van Essen, Isaac	10	Sioux Falls Christian	20-05.00	19-09.50	5
5	Dickey, Shane	12	Garretson	18-07.00	19-09.00	4
6	Patterson, Jacob	10	Flandreau	19-02.50	19-01.00	3
7	Nichols, Brett	9	Dell Rapids	19-01.00	19-00.50	2
8	Solis, Marcial	11	Madison	19-04.00	18-11.00	1
9	Schubert, Isaac	8	Madison	19-01.00	18-10.00	
10	Anderson, Tayler	9	Madison	19-11.00	18-09.75	
11	McGee, Michael	10	Dell Rapids	19-05.00	18-06.25	
12	Berg, Jacob	11	Garretson	17-05.00	17-06.50	
13	Rolf, Taylor	11	Elkton-Lake Benton	18-05.00	17-03.25	
14	Weber, Nick	9	Baltic	17-05.00	17-02.50	
15	Lacoursiere, Ted	10	Dell Rapids	16-09.00	16-11.25	
16	Kirschenman, Andrew	9	Elkton-Lake Benton	15-03.00	15-10.25	
17	Gassman, Luke	12	Flandreau	17-10.00	15-10.00	
18	Rolf, Ben	9	Elkton-Lake Benton	14-02.00	13-07.75	

Boys Triple Jump**Meet Record: 43-09 * 2008 Nate TenNapel, SF Christian****42-02.00 HH A Standard**

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Dickey, Shane	12	Garretson	40-07.00	41-06.25	10
2	Brooks, Cameron	12	Sioux Falls Christian	41-05.00	41-05.25	8
3	Voss, Caleb	11	Sioux Falls Christian	40-03.00	40-09.75	6
4	Koth, Landon	11	Sioux Falls Christian	40-01.00	40-08.50	5
5	Schrepel, Brandon	10	Madison	40-02.00	40-05.00	4
6	Schubert, Isaac	8	Madison	38-04.00	38-09.75	3
7	Nichols, Brett	9	Dell Rapids	38-06.00	38-08.75	2
8	Parsley, David	10	Flandreau	38-02.00	38-07.00	1
9	White, Zach	9	Dell Rapids	40-01.00	37-07.75	
10	Schroeder, Zach	9	Dell Rapids	37-11.00	37-06.50	

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Finals ... (Boys Triple Jump)**

	Name	Yr	School	Seed	Finals	Points
11	Patterson, Jacob	10	Flandreau	37-08.00	36-09.75	
12	Rolf, Taylor	11	Elkton-Lake Benton	37-03.00	35-10.00	
13	Krogstad, Scott	12	Baltic	37-06.00	34-03.75	
14	Elder, Terrance	11	Flandreau	35-07.50	33-06.00	
15	Rolf, Ben	9	Elkton-Lake Benton	34-04.00	31-00.25	
16	Kirschenman, Andrew	9	Elkton-Lake Benton	36-03.00	28-10.25	

Boys Shot Put

Meet Record: 57-05.50 * 2002 Adam Wolff, Dell Rapids
50-07.00 HH A Standard

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Langer, Cole	10	Dell Rapids	55-05.00	54-07.00 HH	10
2	Schwebach, Greg	12	Dell Rapids	51-09.00	50-03.00	8
3	Bloom, Taylor	12	Madison	48-06.75	46-03.50	6
4	Anderson, John	10	Dell Rapids	43-11.00	41-11.00	5
5	VanDyke, Dexter	12	Elkton-Lake Benton	46-03.00	41-03.00	4
6	Booth, Brandon	11	Madison	39-11.00	40-06.50	3
7	Bonte, Brady	11	Garretson	39-11.00	39-06.00	2
8	Stoterau, Chad	11	Garretson	42-11.00	39-02.50	1
9	Currey, Tyler	9	Madison	39-06.50	39-00.00	
10	Pfaff, Brandon	10	Sioux Falls Christian	35-00.00	38-02.50	
11	Schindler, Tyler	10	Elkton-Lake Benton	35-03.00	36-07.00	
12	Ziebarth, Carter	10	Flandreau	38-02.00	36-01.50	
13	Ullom, Tony	12	Flandreau	37-08.00	35-02.50	
14	Mesa, Chris	11	Baltic	35-00.00	35-00.00	
14	Anderson, Alex	10	Garretson	35-07.00	35-00.00	
16	Elder, Terrance	11	Flandreau	35-00.00	34-03.00	
17	Ackerman, Sam	9	Sioux Falls Christian	33-00.00	33-08.00	
18	Bolton, Nick	10	Sioux Falls Christian	32-00.00	32-01.00	
19	Paulsness, Jonathon	11	Baltic	30-05.00	29-07.50	
20	Swenson, Christian	10	Baltic	27-00.00	27-06.00	

Boys Discus Throw

Meet Record: 166-05 * 2002 Adam Wolff, Dell Rapids
152-10 HH A Standard

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Currey, Tyler	9	Madison	138-01	137-06.50	10
2	Schwebach, Greg	12	Dell Rapids	140-00	132-07.00	8
3	Langer, Cole	10	Dell Rapids	153-11	131-04.50	6
4	Anderson, John	10	Dell Rapids	126-00	123-03.00	5
5	Bloom, Taylor	12	Madison	122-03	123-01.00	4
6	Olson, Aric	11	Madison	124-03	122-05.00	3
7	Stoterau, Chad	11	Garretson	129-00	119-07.50	2
8	Pfaff, Brandon	10	Sioux Falls Christian	131-00	112-02.50	1
9	Barthel, Jon	12	Elkton-Lake Benton	111-09	104-03.50	
10	Mesa, Chris	11	Baltic	105-00	101-10.00	
11	VanDyke, Jake	10	Elkton-Lake Benton	98-00	101-08.00	
12	Ullom, Tony	12	Flandreau	113-08	98-07.00	

Region 3A Track & Field Meet - 5/19/2011**Garretson, SD****Results****Finals ... (Boys Discus Throw)**

	Name	Yr	School	Seed	Finals	Points
13	Davelaar, John	9	Sioux Falls Christian	101-00	97-05.00	
14	Elder, Terrance	11	Flandreau	95-00	95-07.00	
15	Bonte, Brady	11	Garretson	104-00	92-07.50	
16	Paulsness, Jonathon	11	Baltic	85-00	91-00.00	
17	Gutzmer, Logan	10	Garretson	77-00	76-02.00	
18	Ackerman, Sam	9	Sioux Falls Christian	105-00	75-08.00	
---	Swenson, Christian	10	Baltic	75-00	ND	
---	Ziebarth, Carter	10	Flandreau	114-07	ND	

Women - Team Rankings - 19 Events Scored

1) Madison	197	2) Sioux Falls Christian	127
3) Elkton-Lake Benton	118	4) Garretson	98
5) Dell Rapids	95	6) Baltic	52
7) Flandreau	26		

Men - Team Rankings - 19 Events Scored

1) Madison	193	2) Sioux Falls Christian	136
3) Dell Rapids	111.5	4) Flandreau	97
5) Baltic	75.5	6) Elkton-Lake Benton	56
7) Garretson	48		